



Staff Photos

Teaching Staff 2024 - 2025



From left to right

Top row	Mr Chu Ki-cheong Mr Kiang Chi-hong Mr Lam Hoi-wing	Mr Cheng Justin Ho-ki Mr Tang Sai-kin Mr Tong Sai-yeung	Mr Chan Yau-sing Mr Koo Yiu Mr Yuen Yiu-yeung	Mr Yip Kin-man Mr Lin Kai-lok Mr Yao Hing-man
Fourth row	Ms Cheng Wai-ling Ms Wong Yuk-yi Mr Tse Chi-man Mr Toa Wai-fook	Ms Kwok Pui-pui Ms Cheung Hoi-ning Dr Chan Kwok-keung Mr Cheung Chi-wai	Ms Lam Wai-ling Ms Wong Ho-yan Mr Chan Ching-hin	Ms Chung Yuen-wah Ms Tse On-ki Mr Lam Wai-man
Third row	Ms Mak Shuk-man Ms Kong Lai-han Ms Lau Nga-man Ms Lam Mei-po	Ms Lam On-nei Ms Leung Pui-ling Ms Chan Yuet-ying Ms Fong Pik-yuk	Ms Liu Katie Ms Chan Oi-yan Ms Lam Shuk-ying Ms Chan Wing-yin	Ms Chui Fung-ming Ms Wong Suk-yin Ms Yu Siu-ping
Second row	Ms Hung Chun-man Ms Chan Yung-cheung Mr Sha Wai-pak Mr Wong Kwok-tai	Ms Lui Yu-fong Ms Wong Man-lai Mr Cheung Man-bun Mr Chan Tsz-man	Ms Chan Shuk-man Ms Li Silin Mr Lo Chiu-wing Mr Suen Chun-long	Ms Lam Ka-yan Ms Hussain Nibla Shabir Mr Li Chi-shing Mr Chan Hin-chiu
Front row	Ms Mak Tsui-han Ms Ng Oi-yan Principal Mr Wong Lik-hak Vice-principal Ms Cheng Man-ching Mr Chan Lok-hin	Ms Mak Sin-ye Ms Chan Ka-ying Mr Wong Shing-fung	Ms Lam Sin Vice-principal Ms Wong Man-han Vice-principal Ms Kan Yuk-ping Mr Chan Kwok-kwan Mr Lau Wing-kwan	Ms Cheung Ka-man Mr Tsao Man-fai Ms Chan Yuk-wah

Principal and Vice-principals *2024 - 2025*



From left to right

Vice-principal Ms Kan Yuk-ping
Principal Mr Wong Lik-hak

Vice-principal Ms Cheng Man-ching
Vice-principal Ms Wong Man-han

Financial Management Section *2024 - 2025*



From left to right

Mr Lau Wing-kwan
Principal Mr Wong Lik-hak

Vice-principal Ms Kan Yuk-ping
Vice-principal Ms Wong Man-han

Vice-principal Ms Cheng Man-ching
Mr Law Kwok-ting Ms Lun Yuk-yeung

Clerical Staff 2024 - 2025



From left to right

Second row	Ms Ching Fan-ling Ms Siu Yuen-ki	Ms Wong Lok-hang Ms Kwok Fung-chun	Ms Ho Ka-yan	Ms Cheng Ngan-ting
Front row	Ms Lun Yuk-yeung Mr Law Kwok-ting	Principal Mr Wong Lik-hak	Vice-principal Ms Kan Yuk-ping	

Janitors 2024 - 2025



From left to right

Second row	Ms Chung Maan-mui Mr Wong Kuen-chun	Ms Wong Hoi-lai Ms Pang Kwai-yin	Ms Lo Wing-kwan Ms Chow Ting-fan	Mr Wong Long-kit Ms Qi Tiancai
Front row	Ms Wong Miu-ling Vice-principal Ms Kan Yuk-ping	Ms Wong Lok-hang	Principal Mr Wong Lik-hak Mr Chau Kwok-hung	

The background is a vibrant red with a pattern of thin, white, curved lines radiating from the top right. A large, semi-transparent circular graphic is centered, featuring a sunburst at the top and a hand holding a torch at the bottom. The text "40th Anniversary Celebration Events" is written in a white, elegant script font, centered over the circular graphic. The word "Shines" is faintly visible in the background of the circle.

*40th
Anniversary
Celebration
Events*

Anniversary Thanksgiving Service on 30th September, 2024

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Reunion Representatives on 18th October, 2024



Sports Day on 1st November, 2024



School Orientation Day on 30th November, 2024



Alumni Reunion Day on 30th November, 2024



New Face on Campus



Anniversary Song



聖公會白約翰會督中學校慶歌

作曲: 梁心研 / 作詞: 梁心研, 姚慶基, 王敏嫻, 王力克 / 編曲: 區駿熙

Intro

Verse

(男) 那怕世界 在變 期待突破 出現 經歷 就是磨練 (女) 累了也 力拼

投入展現 生命 精彩上演 (男) 有了你 護照 環遊奇妙 故事

希望 就在前面 (女) 令你我 日進 延續尋夢 信念 笑面從來

Pre chorus

不斷 (男) 白雲的 溫暖 (女) 如像我 良師 (合) 伴我 飛天

Chorus

際 播種我 藍天 (合) 明道給我心 培育 信望 盛放的花 散到世

間每處 日新 方向 堅實扎根 弘揚 我校園 共努力

追尋理想 自信地 擁抱未來 白約翰 依然同路 聖使命

To Coda Break

繼續前行

Verse

(男) 你我 持 通通 前路無 懼 途 (合) 以信 以愛 奉獻

Pre chorus

日與夜 傳遞美善 同心 實現 (男) 白雲的 溫暖 (女) 如像我 良

D.S. al Coda

師 (合) 伴我 飛 天 間 播種 我 藍天

Outro

*Timeless
Memories*

*Truth
Shines*

*Life
Grows*

Elections



Student Union Executive Committee And House Captains Election (2021-2022)



Student Union Executive Committee And House Captains Election (2023-2024)



Student Union Executive Committee And House Captains Election (2022-2023)



Student Union Executive Committee (2024-2025)



House Captains Election (2023-2024)

Singing Contest



Young performers shine in the Singing Contest.



Singing Contest (2023-2024)



Students showcase their vocal talents in the Singing Contest.

Peer Coaching Scheme



Junior Forms Learning Support: S3 and S4 Student-Mentors



Student-mentors organise activities for S1 and S2 students, helping them to adapt to the new learning environment.



An activity aims to enhance S1 group leaders' problem-solving, communication, and collaboration skills.



Junior Forms Learning Support: Student Mentors Leadership Training

Sports Day



40th Sports Day: the first cheerleading performance organized by the four houses.



40th Sports Day: Overall Champion – Sincerity House



250 students, parents, alumni, teachers and staff participate in the 40th School Anniversary Run.

Mooncake Making



To celebrate the Mid-Autumn Festival, the PTA invites a student's parent to serve as a volunteer instructor to teach how to make Lava Custard Mooncakes (2024).

Diversity Learning Day



S4 Students visit Chi Lin Nunnery (2024)



S2 Students visit our sister school, Guangzhou Baiyun Middle School (2024).



Chinese Literature students enjoy the performance of the Cantonese opera "白兔會" (2022).



Primary 6 students attend the STEAM workshop led by our senior students (2018-2019).



A S5 student shares his enriching school life with the Primary 6 students' parents (2022-2023).

School Orientation Day



S4 students share their award-winning STEAM projects with the Primary 6 students' parents (2023-2024).

School Picnic and Dress Casual Day



Students enjoy the school picnic while participating in 'Dress Casual Day,' a fun way to support a charitable cause.

S6 Farewell Ceremony



Let's sing a song for our beloved teachers at the Farewell Ceremony.



Students express their gratitude to teachers during the Farewell Ceremony.

Graduation Dinner



6D class photo with Principal Wong, Vice Principals, class teachers, and subject teachers at the graduation dinner (2024).



Stand-up comedy performed by graduates at the graduation dinner (2024).

Sermons and Services



Our Christian Band: *Delight* leads a hymn in worship for the first time.



The Reverend Cindy Kwok delivers a sermon at the Easter Service.



The School Choir sings hymns at the Christmas Service.

Camps



Rock Climbing: Student mentors climb a 10-meter high wall.



Prefects and student mentors participate in team-building activities.



School prefects and student mentors participate in orienteering activities at the Jockey Club Sai Kung Outdoor-Training Camp.



Leadership Training Camp (2022-2023)



Leadership Training Camp (2023-2024)



Study Tours

Malaysia Ecological, Arts, and Culture Five-Day Study Tour (2024)



An exciting boat trip along the river in the tropical rainforest!



A Workshop in Royal Selangor and Tie-Dye Textiles



Malaysia, here we come!



The buttress roots in the rainforest

Guangzhou Study Tour (2024)



Boys and girls volleyball teams practice and play friendly matches with local students in Guangzhou.



Physical Education and Citizenship & Social Development departments organize a study tour to Guangzhou in July 2024. This photo is taken at the Opium War Museum.



Boys' basketball team and the local coaches



The girls' basketball team has their practices and a friendly match in an indoor venue.



Taking a leisurely stroll through the Lanting Scenic Area Garden to appreciate its serene beauty and admire the intricate landscapes.



Students visit the Lanting Scenic Area to immerse themselves in its rich cultural heritage and stunning natural beauty.

Hangzhou Study Tour (2024)



Students visit Hangzhou Greentown Yuhua School, where they engage with local students to exchange cultural experiences.

Shenzhen Arts and Culture Exploration Tour (2023)



Junior form students participate in the Shenzhen Art and Culture Exploration Tour, enhancing their understanding of contemporary Chinese art and culture.



Guangzhou Study Tour (2023)



The Citizenship and Social Development Department organises a study tour to Guangzhou. S5 students visit the Cantonese Opera Museum.



Students visit Yong Qing Fang Street to explore the traditional heritage of Guangzhou.

Speech Day



Guest of Honour Mrs. Patricia Lau, the Chief Executive Officer of Hong Kong Sheng Kung Hui Welfare Council Limited, presents certificates to our S6 graduates on Speech Day (2024).



National Flag Raising Ceremony & Speech under the National Flag

Morning Assembly and Whole School Assembly



Students promote the United Market donation event for United Court to S1-S6 students during a morning assembly.

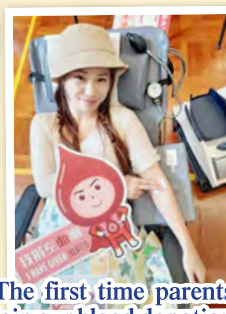


Students attend a talk about the 'PERMA' model of positive education during a whole school assembly.

Blood Donation Day



Students receive badges from the Red Cross after donating blood.



The first time parents join our blood donation activity.



Miss Li Silin joins our blood donation activity.



Achievements and Awards

2019-2020

Names of competitions and organisations	Awards	Winners
“Hong Kong Calligraphy Competition Junior Form” organised by Chinese Calligraphy Association (HK) and Hong Kong Beijing Association Limited	Merit Award	3A Chan Chi-ling
“The 71st Hong Kong Schools Speech Festival (Chinese)” organised by The Hong Kong Schools Music and Speech Association		
S.1 to S.2 Putonghua Poetry Recital	Champion	1D Lau Zi-juan, Cecil
S.1 to S.2 Putonghua Prose Reading	Merit Award	1D Mang Tsz-ying
“2019-20 English Builder Territory-wide Top 50 Students” organised by Wiseman	Outstanding Award	4C Yeung Sheung-yu
“The 71st Hong Kong Schools Speech Festival (English)” organised by The Hong Kong Schools Music and Speech Association		
S.1 Girls English Solo Verse Speaking	Second Runner-up	1B Chan Mei-yin
S.4 Girls English Solo Verse Speaking	First Runner-up	4C Yeung Sheung-yu
S.5 Girls English Solo Verse Speaking	Second Runner-up	5B Tang Hoi-yi, Victoria
“The 2019-20 Hong Kong Budding Poets (English) Award Secondary Section” organised by The Hong Kong Academy For Gifted Education	Awardees	5C Ho Shing-yan
“The 3 rd Hong Kong Inter-school Choral Competition & Masterclass” organised by The Hong Kong Virtuoso Chorus	Gold Award	1A Chau Lok-yeet 1A Wang Yuet 1A Yung Yi-lam 1B Lau Wing-yiu 1C So Wing-yam 1D Ho Hoi-ki 2A Yeung Peony 2B Lau Yuen-ting, Nicole 2C Kwok Ching-tung 2C Chung Siu-yau 2C Ye Yan-tung 2D Tsung Hong-ching 3C Mak Yan-tung, Ada 4B Leung Wing-yan 4C Chan Lok-tung 5A Fung Hei-yin 5B Yip Hoi-ying 5D Chen Ka-yi 1A Cheng Tsz-wing 1A Wong Cheuk-yu 1B Deng Tsz-shan 1B Law Lok-yeet 1C Zhan Ching-man, Angel 1D Lau Tsz-yau 2B Chan Ying-chuen 2B Lee Ka-yui 2C Lee Hoi-ting Wendy 2C Tsang Ching-tung 2D Chan Ching-ching 2D Chan Tsz-ching 3D So So 4C Wong Yat-long 4D Lai Cheuk-ka 5A Li Wai-ting 5C Lee Ka-wa 5D Leung Wing-yan 1A Choi Chin-ying 1A Wu Ka-wing 1B Lam Po-yi 1B Lok Sze-yung 1D Chui Tsz-kiu 1D Yip Sin-ning 2B Lam Tsz-ching 2B Yip Tsz-yiu 2C Chiu Kwan-ting 2C Hau Pui-ching 2D Peng Shing-yan 3B Shabir Kiran 4A Ng Wai-fei 4C Lam Hiu-tung 5A Chan Ka-yi 5A Yiu Fung-ling 5C Leung Hei-yin
“Sumo Challenge Category In WRO 2019 Hong Kong Robot Challenge” organised by World Robot Olympiad	First Runner-up	3D Lok Kun-to
“The 22 nd Hong Kong Youth Science and Technology Innovation Competition 2019-2020 [Energy and Environmental Science (Junior Secondary Division)]” organised by Hong Kong New Generation Cultural Association	3 rd Place Grand Award	2A Yeung Peony 2A Zeng Meng-qiu 2A Li Nicole
“International Biology Olympiad – Hong Kong Contest 2019” organised by Education Bureau and The Hong Kong Academy For Gifted Education	Bronze Award	5D Ma Wai-kin
“Applied Learning Course (2018-20 Cohort) My Style Fashion Image Design” organised by Vocational Training Council	Honourable Mention	5D Chow Hoi-laam 5D Tong Tsz-sum
	Creativity Award	
	Best Fashion Design Champion	6A Lee Man-wai
“Wool 4 School Design Competition (Hong Kong 2019 Senior)” organised by The Woolmark Company	Champion	
“2019-2020 Yuen Long District Inter-School Badminton Competition” organised by Hong Kong Schools Sports Federation		
Girls Grade A	Champion	5A Yan Hei-ching 6A Lee Fong-yuen 6B Li Anna 6B Wong Tsz-ching 6B Ho Cheuk-chi Jessie 6C Kong Yan-kiu
Boys Grade A	Third Runner-up	3D Lam Lok-tin 4A Chak Long-hei Claudio 4D Lau Daniel 5B Chan Pak-lung 5B Tang Wang-hin 5D Tang Ho-man, Kenny
“10th Asian Rope Skipping Championships 2019 – Challenge Cup (Girls Age 13)” organised by Hong Kong Rope Skipping Association, China		
Single Rope Speed	Champion	
Forward Cross Speed	Champion	
Double Under Speed	First Runner-up	2C Chiu Kwan-ting
Overall Result	Second Runner-up	
“10th Asian Rope Skipping Championships 2019 (U14 Open)” organised by Hong Kong Rope Skipping Association, China		
Double Dutch Speed Relay	Champion	
Single Rope Speed Relay	First Runner-up	
Single Rope Team Freestyle Team 4	Champion	
Double Dutch Pairs Freestyle DD4	Second Runner-up	3A Ng Ting-hei 3A Tsui Chi-san
Double Dutch Single Freestyle DD3	Champion	
Overall Team Result	Champion	
Single Rope Team Freestyle Pairs	Second Runner-up	3A Ng Ting-hei
“29 th YMCA Volleyball Competition (Girls Group)” organised by Chinese YMCA of Hong Kong (New Territories Centre)	Champion	3A Lam Hei-mui 5A Chan Sze-wing 5A Chan Tsz-ching 5A Chan Yuen-pui 5B Cheung Man-lee 5C Leung Yee-ting 5C Tong Sum-yu 6B Ho Cheuk-chi, Jessie 6B Wu Hoi-tung 6C Cheung Yu-wing 6C Mok Wing-yu 6C Wong Hoi-tung
“Outreach Coaching Program – Volleyball Challenge Competition 2019 (Boys Group)” organised by Volleyball Association of Hong Kong, China	Second Runner-up	3A Ng Cho-chak 3A Wu Nok-hin 3A Yau Josh 3B Suen Chun-on 3D Huang Ka-chun 3D Mok Chun-kau 4A Lau Ka-hei 4A Lau Wai-hei 4C Cheung Chit-hei 4D Au Yeung Ka-chai 5D Wan Tsun-yiu
“2019 Yuen Long District Volleyball Competition (Girls’ Youth)” organised by Leisure & Cultural Services Department	First Runner-up	3A Lau Cheuk-ting 4A Wong Wing-sze 5A Chan Sze-wing 5A Chan Tsz-ching 5A Chan Yuen-pu 5B Cheung Man-lee 5C Leung Yee-ting 5C Tong Sum-yu 6B Ho Cheuk-chi, Jessie 6B Wu Hoi-tung 6C Cheung Yu-wing 6C Mok Wing-yu 6C Wong Hoi-tung
“The 44 th Youth Cup Volleyball Competition (Girls Group C)” organised by Volleyball Association of Hong Kong, China	Champion	2A Lao Yuk-choi 2A Lau Yik-ling 2B Feng Sum-yeet 2C Cheung On-kiu, Anki 2C Wong Sze-lai 2D Law Wing-chin 2D Tam Hui-ching 3A Lam Hei-mui 3A Ng Sin-yi 3A Yiu Nga 3B Chui Pui-ki 3B Tam Cheuk-kei 3B Wong Pui-ying 3D Chow Po-laam



Names of competitions and organisations	Awards	Winners		
“2019 Tuen Mun District Volleyball Competition (Girls’ Youth)” organised by Leisure & Cultural Services Department	First Runner-up	3A Lau Cheuk-ting 5A Chan Tsz-ching 5C Leung Yee-ting 6C Cheung Yu-wing	4A Wong Wing-sze 5A Chan Yuen-pui 6B Ho Cheuk-chi, Jessie 6C Mok Wing-yu	5A Chan Sze-wing 5B Cheung Man-lee 6B Wu Hoi-tung 6C Wong Hoi-tung
“AKA Judo Invitational Tournament 2019” organised by AKA, The Judo Association of Hong Kong, Leisure And Cultural Services Department	Champion	1D Chan Nok-lam, Joy		
“Hong Kong Student Judo Championships 2019 (Women Junior – 30kg)” organised by The Judo Association of Hong Kong, China	First Runner-up			
“2019-2020 Yuen Long District Inter-School Cross Country Competition” organised by Hong Kong Schools Sports Federation				
Girls Grade B Individual	8 th Place	4C Chiu Sum-yi		
Overall Girls Grade B Team	6 th Place	4C Chiu Sum-yi 1A Lau Yan-hei	4C Yue Cho-kiu, Charile 1A Tang Tsz-yin	4D Hung Pui-wah
“2019-2020 Yuen Long District Inter-School Swimming Competition” organised by Hong Kong Schools Sports Federation				
Boys Grade C 50M Breaststroke	First Runner-up	2B Chan Ting-hei		
Boys Grade C 50M Butterfly				
Boys Grade B 100M Backstroke	Second Runner-up	3D Ko Chi-ngong		
Boys Grade B 50M Butterfly	Champion			
Boys Grade B 200M Freestyle	Second Runner-up	4B Chan Ko-yuen		
Girls Grade A 100M Freestyle	Second Runner-up	6D Chan Cheuk-wing		
Girls Grade A 50M Freestyle	First Runner-up			
Girls Grade A Overall Girls Team	8 th Place	6D Chan Cheuk-wing	4B Lam Hong-man	

2020-2021

Names of competitions and organisations	Awards	Winners
“The 3 rd Chinese Costume Essay Competition of HK Secondary School High School” organised by Hong Kong Society for the Promotion of Chinese Liyi Limited	Merit Award	6B Yeung Ying-ying
“The 72nd Hong Kong Schools Speech Festival (Chinese)” organised by The Hong Kong Schools Music and Speech Association		
S.1 Cantonese Poetry Recital	Second Runner-up	1B Wong Yaelis
S.2 Putonghua Poetry Recital	Second Runner-up	2B Lau Zi-juan, Cecil
S.1 Putonghua Poetry Recital	Merit Award	1D Lo Ka-hei 1D Tang Pui-hing
S.3 Putonghua Prose Reading	Merit Award	3B Wong Yat-kiu
“The 72nd Hong Kong Schools Speech Festival (English)” organised by The Hong Kong Schools Music and Speech Association		
S.2 Boys English Solo Verse Speaking	First Runner-up	2D Chu Chi-to
S.4 Girls English Solo Verse Speaking	Second Runner-up	4C So So
“2020 Talk Like TED Public Speaking Competition” organised by Wall Street English	Certificate of Award	4C Chui Pui-ki
“2021 International Fringe Music Competition Piano Exam Class – Grade 4” organised by The International Fringe Association	2 nd Honor Award	1A Lam Sum-yau
“The 73rd Hong Kong Schools Music Festival” organised by The Hong Kong Schools Music and Speech Association		
Cantonese Opera Solo	Second Runner-up	2C Chiang Cheuk-ting
Zheng Solo	Bronze Award	1C Lai Hoi-tung
Flute Solo	Bronze Award	1A Tong Chung-yan, Marco
Violin Solo – Grade Four	Silver Award	1A Chiu Wai-ki 1A Lam Sum-yau 1A Lo Kit-hei
Graded Piano Solo – Grade Five	Bronze Award	3B Wong Yat-kiu
Graded Piano Solo – Grade Seven	Bronze Award	1B Wong Yaelis
Graded Piano Solo – Grade Four		
“HKEDA 2021 Music Competition” organised by Hong Kong Education Development Association		
Singing	Champion	3A Chan Ying-chuen 3D Tsung Hong-ching 3B Lam Tsz-ching 3B Lau Man, Rachel
Ensemble	Champion	1C Lai Hoi-tung 3A Cheng Hang-yin 4D Sin Yat-lai 1A Tong Chung-yan, Marco 2D Chan Tsz-wai 3C Kwok Chun-hei 2C Chan Hoi-shan 2C Yeung Yuk-hing 2D Yeung Yu-ching 3D Cheung On-kiu, Anki 3B Kwok Ching-tung 3B Ng Yee-ching
“National Hua Xia Cup Mathematical Olympiad Competition 2021” organised by Hong Kong Mathematical Olympiad Association	3 rd Honour Award	1B Chan Sze-wing, Jolie
“Hua Xia Cup (HK) Mathematical Olympiad Competition 2021 (Final)” organised by Hong Kong Mathematical Olympiad Association	2 nd Honour Award	1B Lam Ho-yeung
	3 rd Honour Award	1B Chan Sze-wing, Jolie 1D Chong Wing-hung
“The Greater Bay Area STEM Excellence Award 2021 (Hong Kong)” organised by Hong Kong New Emerging Technology Education Association		
Science Lab Stream Secondary (Junior) School	Merit Award	3A Yeung Peony 3B Li Nicole 3C Zeng Meng-qiu
Science Lab Stream Secondary (Senior) School	Merit Award	4B Wu Sau-ying, Zoe 4C Wong Yat-ching 4D Yau Josh 4D Hou Chin-pang
“The 23 rd Hong Kong Youth Science and Technology Innovation Competition 2020-2021 – Science Friction Drawing (Secondary Division)” organised by Hong Kong New Generation Cultural Association	3 rd Place Grand Award	2C Chiang Cheuk-ting
“The 14 th Hong Kong Budding Scientists Award Secondary Section” organised by the Gifted Education Section of the Education Bureau and the Hong Kong Association for Mathematics and Science Education	Reporter Award	4B Wu Sau-ying, Zoe 4D Yau Josh 4C Wong Yat-ching 4D Hou Chin-pang
Champion		
“International Biology Olympiad – Hong Kong Contest 2020” organised by Education Bureau and the Hong Kong Academy for Gifted Education	Bronze Award	6D Ma Wai-kin
“The 14 th Moral Education Comic Design Competition” organised by Winsor Education Foundation	Merit Award	4B Chan Chi-ling 4B Cheung Hoi-laam

Names of competitions and organisations	Awards	Winners		
“The 57 th Hong Kong Schools Dance Festival” organised by Hong Kong Schools Dance Association Limited	Chinese Dance Highly Commended Award	5C Tang Sze-wing		
“WhatsApp Sticker Design Competition” organised by Hong Kong Institute of Technology	Merit Award	5B Ng Shuk-yan		
“Jump Rope For Heart Junior Secondary Girls Competition 2021” organised by Jump Rope For Heart	First Runner-up	3B Chiu Kwan-ting		
“2020-2021 Yuen Long District Arts Star” organised by Yuen Long District Arts Committee	Outstanding Performance in the Field of Arts	4B Feng Ziyuan		
“‘Play’ It Forward HK@APEC Game Design Competition” organised by Hong Kong Committee for Pacific Economic Cooperation	First Runner-up	5C Chan Ching-man 5D Chan Man-ching	5C Cheung Hei-long 5D Li Chi-wai	5C Yeung Sheung-yu
“Understanding Stroke Competition — Healthy Recipe Design” organised by Blessing Club	First Runner-up	5D Liu Tsz-kit		
	Merit Award	3A Wong Chun-yan	3B Kwok Ching-tung	

2021-2022

Names of competitions and organisations	Awards	Winners
"Yuen Long District Civic Education Slogan Writing Competition (Secondary School Category)" organised by Yuen Long District Civic Education Committee	Champion	5B Tang Ka-hei
"Solo Verse Speaking In Cantonese Secondary Two (Girls)" organised by Hong Kong Schools Music and Speech Association	Champion	2B Tang Pui-hing
"The 24 th Putonghua Public Speaking Competition for Primary and Secondary School 2022" organised by The Cultural and Educational Association of the New Towns	The Champion of the Junior Secondary School Section of the New Territories The Best of Voice Performance Award	1C Lin Pui-shan
"The 74th Hong Kong Schools Speech Festival (Chinese)" organised by The Hong Kong Schools Music and Speech Association		
S.1 to S.2 (Girls) Putonghua Poetry Recital	Merit Award	1B Liu Hoi-ying 1D Chen Yoyo 1D Lam Lok-yiu
S.3 to S.4 (Boys) Putonghua Poetry Recital	First Runner-up	3B Lau Zi-juan, Cecil
S.1 to S.2 (Girls) Putonghua Solo Prose Speaking	Merit Award	1C Hui Ka-laam
S.3 to S.4 (Girls) Putonghua Solo Prose Speaking	Merit Award	3D So Wing-yam 4C Wong Yat-kiu
"The 58 th Schools Dance Festival Jazz & Street Dance" organised by Hong Kong Schools Dance Association Limited	Solo Highly Commended Award Solo Commended Award	2C Tsang Tsz-lam 2B Chan Sze-nam
"The 74th Hong Kong Schools Music Festival" organised by The Hong Kong Schools Music and Speech Association		
Violin Solo – Grade Five	Bronze Award	2A Tong Chung-yan, Marco
Violin Solo – Grade Two	Bronze Award	5C Mui Hau-ching
Graded Piano Solo – Grade Four	Silver Award	3D Wang Le
Graded Piano Solo – Grade Five	Silver Award	1B Lai Hui-yuet
Graded Piano Solo – Grade Six	Bronze Award Silver Award	2D Lai Hoi-tung 2C Lam Sum-yau 2D Chiu Wai-ki
Cantonese Opera Solo	Champion	3C Chiang Cheuk-ting
Guitar Solo – Junior	Second Runner-up	4A Law Wing-chin
"2021 Music Competition" organised by Hong Kong Education Development Association		
Secondary School Ensemble – Percussion Ensemble	Champion	1B Liu Hoi-ying 1D Leung Kwan-ching 1C Leung Ching-yin 2D Tong Ka-hang 1D Chan Chi-wing 2D Wong Chi-kiu
Secondary School Ensemble – Band	Excellent	1B Lau Oi-ying 2A Tong Chung-yan, Marco 1C Choi Man-shan 2D Lai Hoi-tung 4A Cheng Hang-yin
Secondary School Singing Ensemble	Excellent	1C Poon Ching-po 1D Lam Tsz-ki 3A Wu Ka-wing 3C Wong Cheuk-yu 1D Chan Yuen-lam 2D Chan Yee-wan 3B Zhan Ching-man, Angel 3D Chan Mei-yin 1D Lam Chung-yan 3A Tsang Ming-wai 3C Lau Wing-yiu 3D So Wing-yam
"International Junior Science Olympiad 2022 - Hong Kong Screening" organised by Education Bureau, the Hong Kong Academy for Gifted Education, and the Hong Kong Association for Science and Mathematics Education	First Class Honour Second Class Honour Third Class Honour	3A Chau Hei-lam, Zoe 3A Wong Shing-hei 3B Chan Sum-leong 3C Yeung Yu-ching
"The 15 th Hong Kong Budding Scientists Award (Secondary Section)" organised by The Gifted Education Section of the Education Bureau and the Hong Kong Association for Mathematics and Science Education	Third Runner-up Reporter Award	3A Chau Hei-lam, Zoe 4D Zeng Meng-qiu 3D Pang Sze-yan 4C Yeung Peony
"The 24 th Hong Kong Youth Science & Technology Innovation Competition 2021-2022 Chemistry and Materials (Junior Secondary Division)" organised by Hong Kong New Generation Cultural Association	First Prize Award Hong Kong Council for Testing and Certification Special Award Third Prize Award	3A Chau Hei-lam, Zoe 3D Pang Sze-yan 3D Chu Chi-to
"The 12 th Hong Kong Secondary School Chinese History Study Award Scheme (2021-2022)" organised by the MACHS Alumni Association of the University of Hong Kong	Merit Award Praise Award	6A Chung Yun-yi 6D Chan Man-ching
"2021-2022 Yuen Long District Inter-School Table Tennis Competition" organised by Hong Kong Schools Sports Federation		
Girls Grade C	First Runner-up	1B Tang Wing-sum 2B Chung Wen-xi 1C Lin Pui-shan 1D Leung Kwan-ching
"Tuen Mun District Age Group Badminton Competition 2021 (Female Singles Youth FI Group)" organised by Leisure and Cultural Services Department	First Runner-up	1A Man Suet-ching



Truth Shines Life Grows

Names of competitions and organisations	Awards	Winners
“2021-2022 Yuen Long District Inter-School Athletics Competition” organised by Hong Kong Schools Sports Federation		
Boys Grade A Javelin	7 th Place	6D Au Yeung Ka-chai
Girls Grade A Shot Put	Champion	4B Tang Tsz-yan
Girls Grade A Discus	First Runner-up	
Boys Grade B Discus	5 th Place	3D Tse Man-hei
“Sham Shui Po Table Tennis Competition (Girl’s Youth Single)” organised by Leisure and Cultural Services Department	First Runner-up	1C Lin Pui-shan
“Hong Kong Island South Table Tennis Competition (Girl’s Youth Single)” organised by Leisure and Cultural Services Department		
“2021-2022 Yuen Long District Inter-School Swimming Competition” organised by Hong Kong Schools Sports Federation		
Boys Grade A 200M Freestyle	Champion	6B Chan Ko-yuen
Boys Grade A 50M Butterfly	Champion	5B Ko Chi-ngong
Boys Grade B 100M Breaststroke	Champion	4C Chan Ting-hei
Girls Grade B 50M Backstroke	Second Runner-up	4D Chu Shing-hei
Boys Grade C 50M Freestyle	8 th place	1D Chan Cheuk-lap
“Top 10 Outstanding Student of New Territories in the Outstanding Student Election of New Territories 2021” organised by The Federation of New Territories Youth		
Junior Form Category	The Third of Yuen Long District Outstanding Students	3C Chiang Cheuk-ting
	Top 10 Yuen Long District Outstanding Students	
	Yuen Long District Outstanding Students	3A Lee Hon-hei 3B Cheung Po-yi 4B Lo Lok-hei
Senior Form Category	Yuen Long District Outstanding Students	5D Huang Kwun-hoi
“The 7 th Outstanding Leaders Selection” organised by The Arete	Outstanding Member	4C Yeung Peony
“Beautiful Yuen Long Short Video Contest” organised by Pumen Foundation Limited	Secondary School Category Champion	5B Tang Sum-yu 5B Wu Sau-ying, Zoe 6A Tam Ho-yee
	Creative Awards	6C Yiu Hoi-ki
“GD-HK Sister School Choral Speaking Contest 2020” organised by Education Bureau of Guangzhou Municipality	The Third Prize	3C Chiang Cheuk-ting 5A Wong Wing-sum

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Names of competitions and organisations	Awards	Winners
“The 74th Hong Kong Schools Speech Festival (Chinese)” organised by the Hong Kong Schools Music and Speech Association		
S.1 Cantonese Prose Reading	Proficiency Award	1B Leung Ho-li, Elise
S.1 Cantonese Poetry Recital	Merit Award	1B Tsoi Yee-tung 1C Pok Man-ting
	Second Runner-up	3C Cheung Wai-yi
S.3 Cantonese Poetry Recital	Merit Award	3B Tang Pui-hing
	Proficiency Award	3B Lung Wing-sze Winnie 3B Tong Ka-hang 3C Wong Chi-kiu
	Merit Award	4B So Wing-yam
S.4 Cantonese Poetry Recital	Proficiency Award	4A Yip Shu-fung
	Second Runner-up	2D Lin Pui-shan
S.1 to S.2 Putonghua Poetry Recital	Merit Award	1A So Tung-yuet 1B Huew Pui-nam 1B Chen Jingying
	Proficiency Award	2A Lau Yin-ling 1B Ng Pak-kwan
S.1 to S.2 Putonghua Prose Reading	Merit Award	2A Liu Hoi-ying
	Proficiency Award	2A Zheng Siyan 2B Mang Tsz-ying
S.3 to S.4 Putonghua Prose Reading	Merit Award	4A Yip Shu-fung
	Proficiency Award	4B Ye Yan-chi
	First Runner-up	4D Chu Chi-to
S.3 to S.4 Putonghua Poetry Recital	Merit Award	4B Chan Yi-nok 4B Chau Lok-ye
	Proficiency Award	4C Lau Zi-juan, Cecil 4B Xie Xin-yi
S.5 to S.6 Putonghua Prose Reading	Proficiency Award	5C Wong Yat-kiu
“The 74th Hong Kong Schools Speech Festival (English)” organised by the Hong Kong Schools Music and Speech Association		
S3 Girls English Solo Verse Speaking	Champion	3A Chan Yee-wan
	Champion	4C Chan Mei-yin
S4 Girls English Solo Verse Speaking	First Runner-up	4D Chu Chi-to
S6 Girls English Solo Verse Speaking	First Runner-up	6C So So
“The 75th Hong Kong Schools Music Festival” organised by The Hong Kong Schools Music and Speech Association		
Violin Solo – Grade Five	Bronze Award	3B Tong Chung-yan, Marco
Graded Piano Solo – Grade Four	Silver Award	3B Lung Wing-sze Winnie 2A Tam Wing-sze
	Silver Award	2B Lai Hiu-yuet 2A Hui Ka-laam
Graded Piano Solo – Grade Five	Bronze Award	4A Lam Hiu-kwan
Graded Piano Solo – Grade Six	Silver Award	1B Huang Huixin, Cindy 3D Chung Cheuk-man
Graded Piano Solo – Grade Seven	Silver Award	3D Lam Sum-yau
	Bronze Award	5C Wong Yat-kiu
Graded Piano Solo – Grade Eight	Bronze Award	4B Wong Shing-hei 6C Chan Yiu-nam
Cantonese Opera Solo	Champion	4A Chiang Cheuk-ting
Graded Zheng Solo – Senior	Silver Award	4A Chiang Cheuk-ting
	First Runner-up	1B Tsoi Yee-tung
Graded Zheng Solo – Intermediate	Silver Award	1C Pat Hoi-man, Emily
“The 59 th Schools Dance Festival Jazz & Street Dance (Duet)” organised by Hong Kong Schools Dance Association Limited	Commended Award	3B Chan Sze-nam 3D Wong Sum-kiu
“Hong Kong Music Competition 2023” organised by Hong Kong Education Development Association		
Secondary School Group Singing Ensemble Chorus	Champion	1A Lau Ho-yi 1B Fung Ka-wing 1B Huang Huixin, Cindy
		1B Lai Sum-yuet 1B Tsoi Yee-tung 2A Chan Yuen-lam
		2C Lam Tsz-ki 2D Poon Ching-po 3C Lui Lok-ying
		4B So Wing-yam 4B Wu Ka-wing 4B Wong Shing-hei
		4C Tsang Ming-wai 4D Zhan Ching-man, Angel

Names of competitions and organisations	Awards	Winners		
Secondary School Group Music Ensemble	Champion	1B Loong Wing-tung 3A Lai Hoi-tung 4A Ho Hoi-ki 5D Cheung On-kiu, Anki	1D Lam Huen-yau 3A He Ka-kit 4C Chan Tsz-wai 5D Lai Ching-ho	2A Cheung Wun-yan 3B Tong Chung-yan, Marco 5A Cheng Hang-yin
“The 16 th Hong Kong Budding Scientists Award (Secondary Section)” organised by the Gifted Education Section of the Education Bureau and the Hong Kong Association for Mathematics and Science Education	Third Runner-up	4C Chau Hei-lam, Zoe 3A Chan Lok-ya	4A Pang Sze-yan 3A Man Ka-ki	3C Wu Yik-hei
“Hong Kong Secondary School Health Exhibition Presentation Competition 2022 (Preliminary Round)” organised by the Medical Society, The Chinese University of Hong Kong	Silver Award	5C Yeung Peony 6C Mui Hau-ching	5D Zeng Meng-qi 6C Wong Yat-ching	5D Tsung Hong-ching
“University Literature Award” organised by the Faculty of Arts and the Language Centre of Hong Kong Baptist University	Young Writer Award	5B Tsang Tsoi-yi		
“Culturewalk” organised by RTHK TV	Champion	2C Cheng Hau-ye 4A Chiang Cheuk-ting	3B Lam Yung-cheung 4C Chau Hei-lam, Zoe	3D Huang Hoi-ming
“Hong Kong Chinese History Project Learning Award Scheme” organised by the Master of Arts in Chinese Historical Studies Alumni Association of the University of Hong Kong	Awardee	5A Wong Sze-lai		
“The 11th Inter-School Competition of Project Learning” organised by The Hong Kong Museum of History and The Hong Kong Institute for Promotion of Chinese Culture				
Senior Secondary Division (Multimedia Production)	First Runner-up	5A Cheng Cheuk-yin 5A Tam Hiu-ching	5A Cheng Hang-yin 5C Chu Yan-ting	5A Lao Yuk-choi
	Merit Award	5B Au Yeung Chi-to 5B Leung Yan-kiu	5B Tsang Tsoi-yi 5C Lee Ka-yui	5B Lee Yui-hang 5C Leung Ka-kiu
“The Second Session 2023 Lai See Packet Charity Design Competition” organised by Hong Kong Power Club	First Runner-up	4A Wang Le		
	The Most “Like” Prize	4A Law Tsz-yan		
	Merit Award	4A Law Tsz-yan 4B Ho Hau-yu, Yumi	4A Chan Lok-yi 4B Tang Wai-lam	4A Choi Chin-ying
“Arts Graded Examination of China” organised by China Institute of Arts Science & Technology	Level 3			
“The Fourth Chinese Calligraphy Competition – China, Hong Kong, Macau and Taiwan” organised by Foshan Municipal Committee of Guangdong Province & Chinese People’s Political Consultative Conference	Merit Award	3C Liang Chiu-ho		
“The 11 th China Life Kid Artists’ Drawing Competition” organised by China Life Insurance Company Limited Shenzhen Artists Association	Excellence Award	3C Kong Ka-yan		
“Community Join Hands Towards an Ideal Life” Drawing Competition organised by the Yuen Long City District Committee	Champion	4A Choi Chin-ying		
	First Runner-up	4A Wang Le		
	Second Runner-up	3C Wong Tsz-tsun		
“The Sovereign Art Foundation Students Prize Hong Kong Public Voting Prize 2022” organised by The Sovereign Art Foundation	Awardee	6B Cheung Hoi-laam		
“Positive Creativity Shines Life” Drawing Competition organised by The Board of Management of the Chinese Permanent Cemeteries	Merit Award	6B Cheung Hoi-laam	6B Wu Sau-ying, Zoe	
“Design a Better Future Mask Design Competition Secondary Group” organised by UNESCO Hong Kong Association	Second Runner-up	4A Lok Sze-yung		
“2022-2023 Yuen Long District Inter-School Badminton Competition” organised by Hong Kong Schools Sports Federation				
Girls Grade A	Champion	4C Tang Tsz-yan 5B Li Nicole	3D Wong Sum-kiu 5D Cheung On-kiu, Anki	4A Lok Sze-yung
“2023 Hong Kong Inter-City Athletic Championships” organised by Hong Kong, China Association of Athletic Affiliates				
Girls U20 Shot Put	Champion	4C Tang Tsz-yan		
“Kwun Tong District Age Group Badminton Competition (Girls Junior FH Group)” organised by Leisure and Cultural Services Department	First Runner-up			
“Tuen Mun District Age Group Badminton Competition (Girls Junior FH Group)” organised by Leisure and Cultural Services Department	Third Runner-up	2A Man Suet-ching		
“Tsuen Wan District Age Group Badminton Competition (Girls Junior FH Group)” organised by Leisure and Cultural Services Department	First Runner-up			
“Yau Tsim Mok Cup Youth Badminton Competition 2022” organised by Yuen Long Sports Association				
Girls Aged 12-13	Second Runner-up	2A Man Suet-ching		
Girls H Group	Third Runner-up	1C Man Ching-nam		
“Yuen Long District Sports Association Badminton Competition 2023” organised by Yuen Long Sports Association				
Girls Junior Aged 11-14	Second Runner-up	2A Man Suet-ching		
“Yau Tsim Mok Cup Youth Badminton Competition 2022” organised by Home Affairs Department				
Girls Aged 12-13	Champion	1C Man Ching-nam		
“Hong Kong Junior Age Group Athletics Competition” organised by Hong Kong Distant Runners Club				
Girls U20 Shot Put	Champion			
Girls U20 Discus	Second Runner-up	4C Tang Tsz-yan		
Boys U16 Discus	8 th Place	2C Chan Check-lam		
“Squash Talent Foundation Programme 2022/ 2023 Novice Competition” organised by Hong Kong Squash				
Boys U15	First Runner-up	3D Huang Hong-lam		
	Second Runner-up	3A Huang Jia-cheng		
“Yuen Long District Age Group Table-tennis Competition 2022” organised by Leisure and Cultural Services Department				
Girls Youth Singles	First Runner-up	2D Lin Pui-shan		
Girls Youth Doubles				
“2022-2023 Yuen Long District Inter-School Volleyball Competition” organised by Hong Kong Schools Sports Federation				
Girls Grade B	Champion	1B Chan Ying-shun 3C Law Sum-wing 4A Pang Sze-yan 4C Cheung Hoi-tung	1B Chau Tsz-wan 3D Cheng Pui-sze 4B Ku Tin-wing	3B Rana Faiza Zainab 4A Chan Lok-yi 4B Tsang Nok-yan
Girls Grade C	Champion	1A Chan Hi-yi 1B Liang Kit-ying 1D Yan Wang-ching 2B Lai Hiu-yuet 2C Ng Man-ki	1A Chui Ngai-fei 1C Pat Hoi-man, Emily 2B Chen Yoyo 2B Lee Yui-ching 2C Tsang Sum-yin	1A Guan Manyu 1D Lau Sin-yan 2B Kan Sum-yuet 2C Chu Wai-ching
“2022-2023 Yuen Long District Inter-School Table Tennis Competition” organised by Hong Kong Schools Sports Federation				
Girls Grade C	First Runner-up	2C Tang Wing-sum	2D Lin Pui-shan	2D Leung Kwan-ching
“All Hong Kong School Jing Ying Athletics (Team) Tournament” organised by Hong Kong Schools Sports Federation				
Girls Discus	Third Runner-up	4C Tang Tsz-yan		



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Names of competitions and organisations	Awards	Winners
“Jump Rope Master Community Speed Event Championship (Tuen Mun, Yuen Long and Tin Shui Wai) (Girls Aged 12)” organised by Vigor Skipping Hong Kong Limited		
Secondary Schools Girls Team Overall Result	Champion	1B Chan Ying-shun 1B Wong Sin-yi 1D Lam Huen-yau 1B Hui-ching 1C Yiu Lok-ching 1D Lau Sin-yan 1B Leung Ho-li, Elise 1D Fan Ka-ying
Single Rope Forward Jump	Champion	1D Fan Ka-ying
	Third Runner-up	1B Chan Ying-shun 1D Lam Huen-yau 1B Wong Sin-yi 1C Yiu Lok-ching
Single Rope Cross Open	Champion	1D Fan Ka-ying
	First Runner-up	1C Yiu Lok-ching
	Third Runner-up	1B Leung Ho-li, Elise 1B Wong Sin-yi
Single Rope Double Under	Champion	1D Fan Ka-ying
	First Runner-up	1D Lam Huen-yau
	Second Runner-up	1B Wong Sin-yi
	Third Runner-up	1C Yiu Lok-ching 1D Lau Sin-yan
Single Rope Side Straddle	First Runner-up	1D Fan Ka-ying 1D Lam Huen-yau
	Second Runner-up	1C Yiu Lok-ching
	Third Runner-up	1B Chan Ying-shun
Single Rope Speed	Champion	1D Fan Ka-ying
	First Runner-up	1B Wong Sin-yi
	Third Runner-up	1D Lam Huen-yau 1D Lau Sin-yan
Individual Overall Result	Champion	1D Fan Ka-ying
“Jump Rope Master Community Speed Event Championship (Tuen Mun, Yuen Long and Tin Shui Wai) (Girls Aged 13-14)” organised by Vigor Skipping Hong Kong Limited		
Secondary Schools Girls Team Overall Result	Champion	2B Wong Wing-hei 2C Chan Sum-yu, Algie 2C Ho Pui-ye
Single Rope Forward Jump	First Runner-up	2C Chan Sum-yu, Algie
	Second Runner-up	2B Wong Wing-hei
Single Rope Speed	First Runner-up	2B Wong Wing-hei
	Third Runner-up	2C Chan Sum-yu, Algie
Single Rope Double Under	Champion	2B Wong Wing-hei
	Third Runner-up	2C Chan Sum-yu, Algie
Single Rope Cross Open	Second Runner-up	2C Chan Sum-yu, Algie
Individual Overall Result	Second Runner-up	2B Wong Wing-hei
“Jump Rope Master Community Speed Event Championship (Tuen Mun, Yuen Long and Tin Shui Wai) (Girls Aged 15-16)” organised by Vigor Skipping Hong Kong Limited		
Secondary Schools Girls Team Overall Result	Champion	4C Tsang Ming-wai 4D Zhang Ching-man, Angel
Single Rope Forward Jump	Champion	
Single Rope Side Straddle	Third Runner-up	4D Zhang Ching-man, Angel
Single Rope Cross Open	Third Runner-up	4C Tsang Ming-wai
“Jump Rope Master Community Speed Event Championship (Tuen Mun, Yuen Long and Tin Shui Wai) (Boys Aged 12)” organised by Vigor Skipping Hong Kong Limited		
Secondary Schools Boys Team Overall Result	Champion	
Single Rope Speed	Third Runner-up	
Single Rope Double Under	First Runner-up	1D Yau Wing-lok
Single Rope Side Straddle	Third Runner-up	
Single Rope Cross Open	Second Runner-up	
Individual Overall Result	Second Runner-up	
“Jump Rope Master Community Speed Event Championship (Tuen Mun, Yuen Long and Tin Shui Wai) (Boys Aged 13-14)” organised by Vigor Skipping Hong Kong Limited		
Secondary Schools Boys Team Overall Result	Champion	
Single Rope Forward Jump	Champion	
Single Rope Speed	First Runner-up	
Single Rope Double Under	Second Runner-up	3C Fan Hoi-tsun
Single Rope Side Straddle	Champion	
Single Rope Cross Open	First Runner-up	
Individual Overall Result	First Runner-up	
“Jump Rope Master Community Speed Event Championship (Tuen Mun, Yuen Long and Tin Shui Wai) (Boys Aged 15-16)” organised by Vigor Skipping Hong Kong Limited		
Secondary Schools Boys Team Overall Result		
Single Rope Forward Jump		
Single Rope Speed		
Single Rope Double Under	Champion	3C Chen Zhuofeng
Single Rope Side Straddle		
Single Rope Cross Open		
Individual Overall Result		
“Yuen Long District Age Group Badminton Competition 2022” organised by Leisure and Cultural Services Department		
Girls Youth Doubles	First Runner-up	2A Man Suet-ching 4A Lok Sze-yung
	Second Runner-up	4C Tang Tsz-yan 5D Cheung On-kiu, Anki
“Hong Kong Elite Rope Skipping Championships cum Hong Kong Delegation (Male Aged 16-18 Team Selection)” organised by Hong Kong Rope Skipping Association, China		
Team Overall Result	Champion	
Single Rope Speed Relay 4x30s		
Single Rope Double Unders Relay 2x30s	First Runner-up	
Double Dutch Speed Relay 4x30s		6D Ng Ting-hei
Double Dutch Speed Sprint 60s		
Single Rope Team Freestyle 75s	Champion	
Double Dutch Single Freestyle 75s		
“Hong Kong Elite Rope Skipping Championships cum Hong Kong Delegation (Girls Aged 12-15 Team Selection)” organised by Hong Kong Rope Skipping Association, China		
Double Dutch Speed Relay 4x30s		
Double Dutch Single Freestyle	Second Runner-up	1D Fan Ka-ying
Double Dutch Pairs Freestyle		
“Hong Kong Elite Rope Skipping Championships cum Hong Kong Delegation (Mixed Aged 12-15 Team Selection)” organised by Hong Kong Rope Skipping Association, China		
Single Rope Pairs Double Unders	First Runner-up	2B Wong Wing-hei
“All Hong Kong Age Group Rope Skipping Competition (Team) (Mixed Aged Below 14)” organised by Hong Kong Rope Skipping Association, China		
Double Dutch Speed Relay 4x30s	Champion	
Single Rope Speed Relay 4x30s	First Runner-up	2B Wong Wing-hei
Single Rope Pairs Double Unders		
Team Overall Result	Champion	
“All Hong Kong Age Group Rope Skipping Competition (Team) (Mixed Aged 12-15)” organised by Hong Kong Rope Skipping Association, China		
Single Rope Team Freestyle		
Double Dutch Speed Relay 4x30s	Champion	3C Fan Hoi-tsun
Double Dutch Speed Sprint		
Single Rope Speed Relay 4x30s		
Double Dutch Pairs Freestyle	First Runner-up	
Team Overall Result	Champion	

Names of competitions and organisations	Awards	Winners
“All Hong Kong Age Group Rope Skipping Competition (Team) (Male Aged 16-18 Individual)” organised by Hong Kong Rope Skipping Association, China		
Single Rope Speed Sprint	First Runner-up	3C Chen Zhuofeng
Triple Unders		
“Outreach Coaching Programme Squash Team Competition (Girls Senior Team)” organised by Leisure and Cultural Services Department	First Runner-up	4C Yip Pui-yan 4D Tang Tsz-yin 6C Tsang Sheung-yi
“2022-2023 New Territories Inter-School Squash Team Competition” organised by The Hong Kong Schools Sports Federation		
Girls Team	Second Runner-up	2D Ho Tsz-kei 4C Yip Pui-yan 4D Tang Tsz-yin 6C Tsang Sheung-yi
Boys Team	Second Runner-up	1D Law Tsz-long 3A Huang Jia-cheng 3D Huang Hong-lam 4C Chan Chi-shun 4C Yeung Hoi-shing
“Yuen Long Inter-School Athletics Championships” organised by Yuen Long District Sports Festival		
Girls Grade A Shot Put	Champion	4C Tang Tsz-yan
Girls Grade A Discus		
Boys Grade C Shot Put	Second Runner-up	2C Chan Cheuk-lam
Girls Grade C 4x400M Relay	Third Runner-up	2A Man Suet-ching 2A Lam Chung-yan 2C Chan Chi-wing 1B Hsui Wing-ki 1B Chen Jingying 1D Wong Wing-sum
Girls Grade C 1500M	5 th Place	2A Man Suet-ching
Girls Grade A Javelin	6 th Place	5D Cheung On-kiu, Anki
Boys Grade A 5000M	6 th Place	1D Wu Rui
Girls Grade C 800M	6 th Place	2C Chan Chi-wing
Boys Grade A Javelin	7 th Place	5A Kwok Chun-hei
“Hong Kong Secondary and Primary School Rope Skipping Tournament” organised by Yuen Long District Sports Festival		
Girls Grade C Team	Second Runner-up	2B Wong Wing-hei 2C Chan Sum-yu, Algie 2C Ho Pui-ye 2C Wong Chu-wun 1B Wong Sin-yi 1C Yiu Lok-ching 1D Fan Ka-ying 1D Lau Sin-yan
Girls Grade C Single Rope Speed Relay 4x30s	Second Runner-up	2B Wong Wing-hei 1B Wong Sin-yi 1C Yiu Lok-ching 1D Fan Ka-ying
Girls Grade C Double Dutch Speed Relay 2x30s	Second Runner-up	2C Chan Sum-yu, Algie 2C Ho Pui-ye 2C Wong Chu-wun 1D Lau Sin-yan
Girls Grade C Single Rope Double Under 30s	First Runner-up	2B Wong Wing-hei
Girls Grade C Single Rope Speed Sprints 60s	First Runner-up	1D Fan Ka-ying
Girls Grade C Side by Side (2 in 1 rope) Speed Relay 2x30s	First Runner-up	2B Wong Wing-hei 1D Fan Ka-ying
Boys Grade B Team	Second Runner-up	3C Fan Hoi-chun
“2022-2023 Yuen Long District Inter-School Swimming Competition” organised by The Hong Kong Schools Sports Federation		
Boys Grade A 200M Breaststroke	Champion	5C Chan Ting-hei
Boys Grade A 100M Breaststroke	First Runner-up	
Boys Grade A 50M Freestyle	Champion	5C Ko Chi-ngong
Boys Grade A 100M Freestyle	Third Runner-up	
Boys Grade A Team	8 th Place	5C Chan Ting-hei 5C Ko Chi-ngong
Girls Grade A 4x50M Freestyle Relay	5 th Place	6D Fung Fei-lui 5C Wong Yat-kiu 5D Chu Shing-hei 4A Cheung Po-yi
Girls Grade A Team	8 th Place	4A Cheung Po-yi 4A Wong Mei-ting
Girls Grade A 100M Backstroke	6 th Place	5D Chu Shing-hei
Girls Grade A 50M Backstroke	8 th Place	
Girls Grade A 200M Freestyle	First Runner-up	5C Wong Yat-kiu
Boys Grade C 100M Breaststroke	8 th Place	1C Wong Lok-hang
Girls Grade C 100M Breaststroke	8 th Place	1A Kong Hau-yi
Girls Grade C 200M Breaststroke	6 th Place	
Girls Grade C 4x50M Freestyle Relay	5 th Place	1A Kong Hau-yi 1C Wong Ying-yuet 1D Cheung Wing-tung 1D Wong Wing-sum
“Yuen Long District Inter-School Cross-Country Competition” organised by the Hong Kong Schools Sports Federation		
Girls Grade A Team	6 th Place	6B Ng Sin-yi 4A Wong Mei-ting 4A Lok Sze-yung 3D Wong Sum-kiu
Girls Grade C Individual	8 th Place	2A Man Suet-ching
Girls Grade C Team	8 th Place	2A Man Suet-ching 1B Hsui Wing-ki 1C Ye Hiu-wai 1D Wong Wing-sum
“Yuen Long District Inter-School Basketball Competition” organised by the Hong Kong Schools Sports Federation		
Girls Grade A Team	5 th Place	6D Fung Hei-lui 5D Man Nok-yu 4A Cheung Po-yi 4A Wong Cheuk-yu 4A Wong Mei-ting 4C Yuen Hiu-ching 4D Wong Suen-wai
“The New Territories Inter-School Fencing Competition” organised by the Hong Kong Schools Sports Federation		
Girls Grade A Sabre	First Runner-up	5C Ng Yee-ching
“Outreach Coaching Programme Team Fencing (Foil) Competition” organised by the Hong Kong Schools Sports Federation		
Boys Senior Team	6 th Place	1C Zhong Yu-hin 5B Tan Wai-kit 5C Cheng Ho-ming 5D Wong Kit-chun
“2022-2023 Yuen Long District Inter-School Volleyball Competition” organised by Hong Kong Schools Sports Federation		
Boys Grade A	Second Runner-up	3A Tran Viet-an 3A Yu Ngo, Howard 3B Leung Lok-fung 3D Chan To-ching 6C Mok Chun-kau 6C Wu Nok-hin 6D Huang Ka-chun 6D Yau Josh
“2022-2023 Inter-School Squash Individual Competition” organised by the Hong Kong Schools Sports Federation		
Girls Grade B	Second Runner-up	4D Tang Tsz-yin
“WRO Hong Kong Regional Competition (Junior Regular Category)” organised by International WRO Committee	First Runner-up	3A Yeung Alma 3D Yip Tsz-yu
“FIRST Global Challenge Geneva 2022” organised by FIRST	Award For Innovation in Engineering – 2 nd Place	5B Lau Man, Rachel 5B Li Nicole 5C Kwong Lik-hang 5C Yuen Pak-him 5D Lam Tsz-ching 5D Tsung Hong-ching
“The 17 th Yuen Long District Outstanding Students Selection 2022” organised by The Federation of Yuen Long Youth Association		
Junior Form	Top 10 Yuen Long District Outstanding Students	4D Chu Chi-to
	Yuen Long District Outstanding Students	2A Wong Shuk-yin 3A Yeung Alma 3C Chan Pak-yu 3C Wong Tsz-tsun 4D Chu Chi-to
Senior Form	Top 10 Yuen Long District Outstanding Students	5A Cheng Hang-yin
	Yuen Long District Outstanding Students	5A Chen Yuxi 5A Cheng Hang-yin 5B Choy Lok-yiu 5C Lee Ka-yui 5D Man Nok-yu
“Outstanding Student Election of New Territories 2022” organised by The Federation of New Territories Youth, The Federation of New Territories Youth Foundation Limited and Hong Kong Outstanding Students’ Association	Awardee	5A Cheng Hang-yin



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Names of competitions and organisations	Awards	Winners
“The 75th Hong Kong Schools Speech Festival (Chinese)” organised by the Hong Kong Schools Music and Speech Association		
S.1 Cantonese Poetry Recital	Merit Award	1D Lin Lixin
S.3 Cantonese Poetry Recital	Proficiency Award	3A Ng Tsz-ki
S.4 Cantonese Poetry Recital	Merit Award	4A Chiu Wai-ki
	Proficiency Award	4A Han Ziwen
S.4 Cantonese Prose Reading	Merit Award	4C Lam Ting
S.5 Cantonese Poetry Recital	Merit Award	5C Chan Mei-yin
S.1 to S.2 Putonghua Prose Reading	Merit Award	1A Leung Hoi-Man
	Proficiency Award	1B Fok Ngai
S.1 to S.2 Putonghua Poetry Recital	Merit Award	2C Man Tsoi-yi
		2D Chen Jingying
		2D Ng Pak-kwan
S.3 to S.4 Putonghua Poetry Recital	First Runner-up	3A Hui Ka-laam
	Merit Award	3B Lin Man-yung
		3C Liu Hoi-ying
	Proficiency Award	3A Cheung Kit-yiu
S.3 to S.4 Putonghua Prose Reading	Merit Award	3A Mang Tsz-ying
S.5 to S.6 Putonghua Prose Reading	Merit Award	5B Lin Ka-ki
“The 35 th Book Report Competition for Secondary Students (Extensive Reading Section)” organised by Hong Kong Educational Publishing Company Limited	Merit Award	3D Wong Shuk-yin
“English Builder Star Speaker Award” organised by Wiseman Education Limited	Awardee	1D Cao Lai-wai
“Hong Kong Budding Poets (English) Award 2023/24” organised by The Hong Kong Academy for Gifted Education	Awardee	5C Yip Wing-chi
“The 75th Hong Kong Schools Speech Festival (English)” organised by the Hong Kong Schools Music and Speech Association		
S.1 Girls English Solo Verse Speaking	Second Runner-up	1A Leung Hoi-man
S.5 Boys English Solo Verse Speaking	Second Runner-up	5D Chu Chi-to
“The 76th Hong Kong Schools Music Festival” organised by The Hong Kong Schools Music and Speech Association		
Graded Piano Solo – Grade Eight	Second Runner-up	2B Huang Huixin Cindy
Graded Piano Solo – Grade Five	Silver Award	1A Leung Hoi-man
Graded Piano Solo – Grade Seven	Silver Award	4C Lam Sum-yau
Piano Duet – Junior	Silver Award	5C Yip Sin-ning
Alto Saxophone Solo – Senior	Silver Award	1D Cao Lai-wai
Violin Solo – Grade Two	Silver Award	1B Chan Pak-hei, Chris
“Hong Kong Inter-School Choral Festival – Competition cum Masterclass (Secondary School Junior)” organised by The Hong Kong Virtuoso Chorus	Silver Award	1A Chan Ming-wai
		1A Leung Hoi-man
		1B Chan Jun-yi
		1B Leung Sin-yi
		1C Lam Tsz-yau
		1D Sin I-lok
		2B Lau Ho-yi
		3A Cheng Ka-yi
		3A Poon Ching-po
		3C Liu Hoi-ying
		5A Wong Cheuk-yu
		5B Wong Shing-hei
		1A Fong Yee-lam
		1A Liang Zi-hang
		1B Chan Yat-tung
		1B Tam Sze-ki
		1C Li Yan-ching
		2B Huang Huixin Cindy
		2C Tsoi Yee-tung
		3A Du Clare
		3C Guo Feiqing
		3C Huang Zhe
		5B So Wing-yam
		5C Tsang Ming-wai
		1A Hui Kwan-yi
		1A Yim Sze-yu
		1B Lau Yan-tung
		1C Chan Tsz-ip
		1C Tsung Hong-kiu
		2B Kwong Hau-yi
		3A Chan Yuen-lam
		3A Lam Tsz-ki
		3C Kong Ka-yan
		4B Lui Lok-ying
		5B Wu Ka-wing
		5D Zhan Ching-man, Angel
“2024 AIOM (MMC) World Open Competition” organised by World STEM Association		
Trial Round	S.2 Group Event - First Runner-up	2B Lee Tsz-hin
	Silver Award	1B Kei Ho-wang
	Bronze Award	1B Li Chin-tung
		1C Ho Tim-lok
		2C Ma Lok-man
Final Round	Gold Award	2B Lee Tsz-hin
	Silver Award	3C Chan Yiu-chuen
	Bronze Award	1B Li Chin-tung
		2C Ma Lok-man
		1B Kei Ho-wang
		1C Lee Hin-nam
“2024 Asia International Mathematical Olympiad Open Contest” organised by Hong Kong Mathematical Olympiad Association		
Heat		
Semi-Final	Bronze Award	1B Kei Ho-wang
“The Competition on the Mathematics of Information 2023-2024” organised by the Mathematics and Information Engineering Programme at The Chinese University of Hong Kong	Silver Award	5B Wong Shing-hei
“Greater Bay Area Gifted Math Competition Preliminary (Macau) 2024” organised by Hong Kong Gifted Education Teachers’ Association	Gold Award	5B Wong Shing-hei
	Silver Award	5D Lee Hon-hei
	Bronze Award	5D Tsang Hoi-ming
	Outstanding School Award	5B Wong Shing-hei
		5D Lee Hon-hei
“Greater Bay Area Gifted Math Competition Semi-Final (Hong Kong) 2024” organised by Hong Kong Gifted Education Teachers’ Association	Gold Award	5C Chau Hei-lam, Zoe
	Bronze Award	5D Tsang Hoi-ming
	Star of Excellence	5B Wong Shing-hei
	Outstanding School Award	5B Wong Shing-hei
		5D Lee Hon-hei
“Global Junior Math Aptitude Test 2024” organised by Global Olympiads Academy	Silver Award	3B Fan Shing-hin
	Silver Award	5C Chau Hei-lam, Zoe
	Bronze Award	5D Tsang Hoi-ming
“2024 International Hope Cup Mathematics Invitational” organised by Asia International Mathematical Research Association	Merit Award	5C Cheng Yung-hoi
		4C Chan Sze-wing, Jolie
		5D Lam Ching-hoi
		3C Chan Yiu-chuen
		4D Yip Tsz-yu
		4D Wong Tsz-tsun
		1A Wo Chit-ning
		4C Man Ka-ki
		4D Ma Ying-yuen
		4D Chen Tsoi-yu

Names of competitions and organisations	Awards	Winners		
“The 26 th Hong Kong Mathematical High Achievers Selection Contest” organised by Po Leung Kuk, Hong Kong Association for Science and Mathematics Education	Second Honour Award	3B Fan Shing-hin	3C Chan Yiu-chuen	
	Third Honour Award	3C Tse Kwok-keung	3B Kwan Ellie	
“The 41 st Hong Kong Mathematics Olympiad (2023/24)” organised by Mathematics Education Section of the Education Bureau	Honourable Mentioned Certificate	5B Wong Shing-hei		
“Hua Xia Cup (HK) Mathematical Olympiad Competition 2024” organised by Hong Kong Mathematical Olympiad Association				
Heat	First Honour Award	3B Fan Shing-hin	3C Chan Yiu-chuen	3B Kwan Ellie
	Second Honour Award	1B Kei Ho-wang	1B Cheung King-yiu	2C Ma Lok-man
		2B Lee Tsz-hin		
Semi-Final	Third Honour Award	1D Ye Enxiang 1D Lau Sik-yin, Kieran 2D Wong Ying-yuet 3B Yiu Chi-him	1B Li Chin-tung 1B Lei Hiu-tung, Zita 2D Man Ching-nam 3D Wei Kwing-yu	1C Lee Hin-nam 1C Lau Cheuk-sze 2D Koo Tsz-hin
	Second Honour Award	2B Lee Tsz-hin	3B Fan Shing-hin	
	Third Honour Award	1B Kei Ho-wang 3C Chan Yiu-chuen	1C Lee Hin-nam 3B Kwan Ellie	2C Ma Lok-man
Second Honour Award		1B Kei Ho-wang		
Final	Third Honour Award	1C Lee Hin-nam 3C Chan Yiu-chuen	2B Lee Tsz-hin	3B Fan Shing-hin
	First Runner-up	5B Wong Shing-hei 5D Or Ting-hei	5D Kwan Wing-hang, Kena	5D Tsang Hoi-ming
“2024 Hong Kong Mathematics Kangaroo Contest” organised by Think Academy, Magic Square Association	Second Prize	5B Wong Shing-hei		
	Peak Prize			
	Elite Award	1C Lee Hin-nam	5D Cheung Ka-hei	
	Merit Award	2C Man Tsoi-yi 2D Ng Ching-yau 5D Deng Tsz-shan	2C Koon Lok-hang 2D Ng Pak-kwan 5D Hui Ho-hei	2C Lau Wing-to 3B Kwan Ellie 5D Tsang Hoi-ming
“The 14 th Hong Kong Mathematics Creative Problem Solving Competition for Secondary Schools” organised by Education Bureau	Bronze Award	1A Fong Yee-lam 2D Ng Pak-kwan	1A Wo Chit-ning	2D Koo Tsz-hin
“The 26 th Hong Kong Youth Science & Technology Innovation Competition 2024, Secondary School Research and Invention – Chemistry and Materials (Senior Secondary Division)” organised by Hong Kong New Generation Cultural Association	Merit Award	4C Wu Yik-hei	4C Chan Lok-ya	4C Man Ka-ki
“The 6 th Greater Bay Area STEAM Excellence Award 2024 (HKSAR) (Science Lab – Senior Secondary School)” organised by Hong Kong New Emerging Technology Education Association	Gold Award	4C Chan Lok-ya	4C Man Ka-ki	4C Wu Yik-hei
“International Biology Olympiad – Hong Kong Contest 2023” co-organised by Education Bureau and the Hong Kong Academy for Gifted Education	Honourable Mention	6C Chen Feiyu		
“Hong Kong Secondary School Health Exhibition Presentation Competition 2023 (Preliminary Round)” organised by Medical Society, The Chinese University of Hong Kong	Silver Award	6C Yeung Peony 5C Yeung Yu-ching	6D Zeng Meng-qi 5C Yip Sin-ning	6D Tsung Hong-ching
“Inter-School AI Art Creation Competition (High School Group)” organised by 10Botics	Third Honour Award	5B Chan Yi-nok		
“International Black & White Painting Competition 2023 (Secondary Junior)” organised by Superior Culture	Silver Award	4D Wong Tsz-tsun		
“Heartsaver WhatsApp Stickers Design Competition” organised by Hong Kong College of Cardiology	Champion	6B Ng Sin-yi		
“The 2 nd Easter Electric Painting Creation Competition 2023 (Junior)” organised by Hong Kong Cultural & Creative Industrial	Champion	5B Ho Hau-yu, Yumi		
“Climate Change Mitigation cum Poster Design Competition (Secondary School)” organised by Education Bureau	Merit Award	5A Yip Shu-fung	5D Deng Tsz-shan	6C Hau Pui-ching
“Guangzhou Taekwondo Championships and Hong Kong-Guangzhou Invitational Competition 2023 (Girls Junior Black Belt Group A Feather Category)” organised by Guangzhou Taekwondo Association	Champion	1A Chan Sze-ue		
“Secondary School and Tertiary Institution Taekwondo Competition 2024” organised by Hong Kong China Taekwondo Association				
Girls Junior Black Belt Group A Feather Category	Second Runner-up	1A Chan Sze-ue		
Girls Junior Black Belt Group B Light-Middle category	Second Runner-up	5C Yuen Hiu-ching		
“2023-2024 New Territories Inter-School Squash Team Competition” organised by Hong Kong Schools Sports Federation				
Boys Team	First Runner-up	1A Chan Yin-wang 2B Law Tsz-long 5C Yeung Hoi-shing	2A Lee Chevo Liam 4B Huang Hong-lam	2A Lam Tsun-hang, Henry 4D Huang Jia-cheng
Girls Team	Champion	1A Man Kiu-yan 5C Yip Pui-yan	2A Wong Wing-sum 5D Tang Tsz-yin	3B Ho Tsz-kei
“LCSD School Sports Programme – Outreach Coaching Squash Team Competition 2023/2024” organised by the Leisure & Cultural Services Department				
Secondary Girls (Junior)	Second Runner-up	1A Man Kiu-yan	2A Wong Wing-sum	3B Ho Tsz-kei
Secondary Junior	Overall Champion			
Secondary Boys (Junior)	Champion	1A Chan Yin-wang	1A Wo Chit-ning	2B Law Tsz-long
Secondary Junior	Overall Champion	1A Chan Yin-wang	1A Wo Chit-ning	1D Ip Hau-laam
		2A Lam Tsun-hang, Henry	2A Lee Chevo Liam	2B Law Tsz-long
Secondary Boys (Senior)	Champion	4B Huang Hong-lam	4D Huang Jia-cheng	5C Yeung Hoi-shing
“Hong Kong Elite Rope Skipping Championships 2024 cum Hong Kong Delegation Team Selection (Girls Team Aged 12-15)” organised by Hong Kong Rope Skipping Association, China				
Double Dutch Pairs Freestyle (75sec)	Champion			
Double Dutch Speed Sprint (60 sec)	First Runner-up			
Double Dutch Single Freestyle (75 sec)	Second Runner-up	2B Fan Ka-ying		
Single Rope Team Freestyle (75 sec)	Second Runner-up			
Overall Team	Second Runner-up			
“LCSD School Sports Programme - 2023/24 Outreach Coaching Fencing (Foil) Team Competition” organised by the Leisure & Cultural Services Department				
Boys Junior	7 th Place	1B Tsoi Ting-on 2D Chan Cheuk-hei	1D Lau Sik-yin, Kieran	2A Zhong Yu-hin
“2023-2024 Yuen Long District Inter-School Volleyball Competition” organised by Hong Kong Schools Sports Federation				
Girls Grade C	Champion	1A Chan Ming-wai	1A Cheung Shin-tung, Blair	1A Leung Hoi-man
		1A Wong Lok	1B Lo Wing-sa	2A Chan Hi-yi
		2A Chan Ying-shun	2A Guan Manyu	2A Liang Kit-ying
		2A Pat Hoi-man, Emily	2B Chan Tsz-kei	2B Lau Sin-yan
		2B Pok Ma-ting	2D Yan Wang-ching	



Names of competitions and organisations	Awards	Winners
Girls Grade B	First Runner-up	2C Chui Ngai-fei 3B Kan Sum-yuet 3C Ching Chin-yi 4B Rana Faiza Zainab 3A Tsang Sum-yin 3B Lai Hiu-yuet 3D Lee Yui-ching 4D Law Sum-wing 3B Chan Sum-yu, Algie 3C Chen Yoyo 3D Ng Man-ki
Boys Grade C	Third Runner-up	1A Wong Yin-hei 2A Cheng Isaac 2D Ku Tin-shun 1B Fong Kin-one 2B Ng Tsz-him 2D Wong Ho-lam 1B Ng Chun-nok, Derek 2C Lam Wai-lok
“2024 Tuen Mun District Volleyball Competition” organised by the Leisure & Cultural Services Department		
Girls' Youth	Champion	2C Chui Ngai-fei 3C Chen Yoyo 4A Cheng Pui-sze 5A Pang Sze-yan 5C Cheung Hoi-tung 3A Tsang Sum-yin 3D Lee Yui-ching 4B Rana Faiza Zainab 5B Ku Tin-wing 3B Lai Hiu-yuet 3D Ng Man-ki 5A Chan Lok-yi 5B Tsang Nok-yan
Boys' Youth	Third Runner-up	2D Ku Tin-shun 3B Lau Kai-sun 4A Liu Kai-fung 4B Lam Yung-cheung 4D Ma Ying-yuen 2D Zhang Baihao 4A Chan Pak-yu 4A Yu Ngo, Howard 4C Chan To-ching 5D Tse Wan-chit 3A Lei Deyu 4A Kwok Shing-ho 4B Kwong Wai-kit 4C Leung Lok-fung
“The 46th Yuen Long District Athletics Meets” organised by Yuen Long Sports Association		
Girls Youth C Discus	Champion	5C Tang Tsz-yan
Girls Youth C Shot Put	Champion	
“Hong Kong Junior Age Group Athletics Championships 2023 (Women's U20 Discus)” organised by Hong Kong, China Association of Athletics Affiliates	Second Runner-up	5C Tang Tsz-yan
“Hong Kong Black Belt Taekwondo Competition 2023 (Girls Group PB Feather)” organised by Hong Kong China Taekwondo Association	Champion	1A Chan Sze-ue
“2023 Hong Kong DanceSport Solo Open 4th Round” organised by DanceSport Association of Hong Kong, China		
Aged 14 Rumba Solo	First Runner-up	
Aged 14 Jive Solo	First Runner-up	3A Ng Tsz-ki
Aged 14 Cha Cha Solo	Second Runner-up	
“The World Challenge DanceSport Championship 2023” organised by the DanceSport Association of Hong Kong, China		
Under 14 Rumba Solo	Second Runner-up	3A Ng Tsz-ki
““One + Run” Provincial Sports Carnival” organised by Hong Kong Sheng Kung Hui		
5km Individual Race Male (Aged 16-29)	Champion	2A Wu Rui
“Fencing Invitational Competition” organised by St. Francis Xavier's School, Tsuen Wan Joint School		
Team Epee	Second Runner-up	2C Li Hung-chi 4D Wong Hei-man 3B Wong Tsz-huen 3C Lau Oi-ying
“Hong Kong Student Judo Championships 2023 (Girls-48kg)” organised by The Judo Association of Hong Kong, China	Champion	5B Chan Nok-lam, Joy
“Yuen Long District Inter-School Basketball Competition (Girls Grade A)” organised by the Hong Kong Schools Sports Federation	5 th Place	3D Chong Yiu-tong 4D Chen Tsoi-yu 5A Wong Mei-ting 5C Yuen Hiu-Ching 4B Chan Lok-yi 4D Cheung Wai-yi 5A Wong Cheuk-yu 4C Wong Chi-kiu 4D Wong Suen-wai 5A Cheung Po-yi
“Yuen Long District Inter-School Athletics Competition” organised by the Hong Kong Schools Sports Federation		
Girls Grade A Discus	Champion	5C Tang Tsz-yan
Girls Grade A Shot Put	Champion	
Girls Grade A 1500M	Second Runner-up	3B Man Suet-ching
Girls Grade A Team	6 th Place	3B Man Suet-ching 5C Tang Tsz-yan 4A Cheng Pui-sze 5C Cheung Hoi-tung 5C Yuen Hiu-ching 6D Cheung On-kiu, Anki
Boys Grade A 5000M	Third Runner-up	2A Wu Rui
Girls Grade C 1500M	Third Runner-up	2D Man Ching-nam
Girls Grade C 100M	First Runner-up	1A Yim Sze-yu
Girls Grade C 200M	Second Runner-up	
Girls Grade C Team	7 th Place	1A Man Kiu-yan 1A Chan Sze-ue 2D Huew Pui-nam 2D Ye Hiu-wai 1A Wong Lok 1D Chong Wing-ye 2D Man Ching-nam 1A Yim Sze-yu 2A Wong Wing-sum 2D Yan Wang-ching
“Yuen Long District Inter-School Badminton Competition (Girls Grade A)” organised by Hong Kong Schools Sports Federation	Champion	3B Man Suet-ching 5C Tang Tsz-yan 4A Cheng Pui-sze 4C Yip Tsz-ki 5A Chan Lok-yi 5B Ku Tin-wing 5C Fang Kei-nga 6D Cheung On-kiu, Anki
“Yuen Long Inter-School Volleyball Competition (Girls Grade A)” organised by Hong Kong Schools Sports Federation	First Runner-up	4A Cheng Pui-sze 5A Pang Sze-yan 5B Tsang Nok-yan 6A Feng Sum-yee 4B Wong Sum-kiu 6B Li Nicole 5A Wang Le 5C Cheung Hoi-tung 6C Wan Pui-hei
“Yuen Long District Inter-School Cross-Country Competition” organised by Hong Kong Schools Sports Federation		
Girls Grade A Individual	5 th Place	3B Man Suet-ching
Girls Grade B Individual	10 th Place	3D Chan Chi-wing
Girls Grade B Team	Third Runner-up	2A Cheung Wing-tung 3C Cheung Wun-yan 2D Chen Jingying 3D Chan Chi-wing 3A Tam Hei-yin 3D Lam Chung-yan
Girls Grade C Individual	5 th Place 7 th Place	2D Man Ching-nam 1A Wong Lok
Girls Grade C Team	Third Runner-up	1A Chan Sze-ue 2D Huew Pui-nam 1A Wong Lok 2D Man Ching-nam 2A Wong Wing-sum 2D Ye Hiu-wai
“New Territories Inter-School Fencing Competition (Grade A Sabre Individual)” organised by Hong Kong Schools Sports Federation	First Runner-up	6C Ng Yee-ching
“South China Morning Post Student of the Year (Sportsperson)” organised by South China Morning Post	Merit Award	5C Tang Tsz-yan
“Watsons Athletic Club Annual Challenge 2023” organised by Watson Athletic Club		
Girls U20 Shot Put	First Runner-up	5C Tang Tsz-yan
A. S. Watson Group HK Student Sports Awards 2022-2023	Sports Awards	6A Yeung Chun-yan

Names of competitions and organisations	Awards	Winners		
“Sham Shui Po District Age Group Table-tennis Competition 2023 (Girls Youth FH Singles)” organised by Leisure and Cultural Services Department	First Runner-up	3D Lin Pui-shan		
“Yuen Long District Age Group Table-tennis Competition 2023 (Girls Youth FM Doubles)” organised by Leisure and Cultural Services Department	First Runner-up			
“Yau Tsim Mong District Age Group Table-tennis Competition 2023 (Girls Youth M Doubles)” organised by Leisure and Cultural Services Department	First Runner-up			
“Islands District Age Group Badminton Competition 2023 (Girls Youth Singles)” organised by the Leisure and Cultural Services Department	Champion	3B Man Suet-ching		
“The 38 th Yuen Long District Swimming Championships Girls Youth FG” organised by the Leisure and Cultural Services Department				
4X50M Freestyle Relay	Second Runner-up	6D Chu Shing-hei		
“Macau Junior and Cadets Asian Cup 2023 (Girls -48KG)” organised by The Judo Association of Hong Kong, China	Second Runner-up	5B Chan Nok-lam, Joy		
“The 31 st YMCA Volleyball Competition (Girls Group)” organised by Chinese YMCA of Hong Kong (New Territories Centre)	Third Runner-up	4A Cheng Pui-sze	5A Chan Lok-yi	5A Pang Sze-yan
		5A Wang Le	5B Ku Tin-wing	5B Tsang Nok-yan
		5C Cheung Hoi-tung	5C Fang Kei-nga	6A Feng Sum-ye
		6A Lao Yuk-choi	6C Wan Pui-hei	6D Cheung On-kiu, Anki
“Outreach Coaching Program – Volleyball Challenge Competition 2023” organised by Volleyball Association of Hong Kong, China				
The Best Player	Awardee	4A Cheng Pui-sze		
Girls Group	Champion	2A Guan Manyu	2B Lau Sin-yan	3A Tsang Sum-yin
		3C Chen Yoyo	3D Lee Yui-ching	3D Ng Man-ki
		4A Cheng Pui-sze	4B Rana Faiza Zainab	5A Chan Lok-yi
		5A Pang Sze-yan	5B Ku Tin-wing	5C Cheung Hoi-tung
“S.K.H. Ling Oi Primary School Secondary School 4X50M Freestyle Invitation Relay” organised by S.K.H. Ling Oi Primary School				
Boys Group	Second Runner-up	1D Lam Ping-yin 6D Wong Kit-chun	6C Chan Ting-hei	6C Ko Chi-ngong
Girls Group	Second Runner-up	2BKwong Hau-yi 6D Chu Shing-hei	5B Ho Hau-yu, Yumi	6C Wong Yat-kiu
“Yuen Long District Inter-School Swimming Competition” organised by Hong Kong Schools Sports Federation				
Boys Grade A 100M Breaststroke	Second Runner-up	6C Chan Ting-hei		
Boys Grade A 200M Breaststroke	5 th Place			
Girls Grade A 200M Freestyle	4 th Place	6C Chu Shing-hei		
Girls Grade A 50M Backstroke	8 th Place			
Boys Grade C 200M Breaststroke	Champion	1D Lam Ping-yin		
Boys Grade C 100M Breaststroke	First Runner-up			
Girls Grade C 200M Individual Medley	Second Runner-up			
Girls Grade C 200M Freestyle	Third Runner-up	2D Kwong Hau-yi		
Girls Grade C 50M Breaststroke	5 th Place	1B Lei Hiu-tung, Zita		
Girls Grade C 4X50M Freestyle Relay	6 th Place	1B Lei Hiu-tung, Zita 2D Wong Ying-yuet	1C Chan Sum-yuet	2B Kwong Hau-yi
“First Lego League 2022-2023 Hong Kong Regional Competition” organised by Trumptech	Robot Performance Award - Second Runner-up	3A Chung Cheuk-kit 3B Lau Kai-Sun	3A Ho Chuen-him 3D Wong Sin-tung	3B Ho Pak-yin 3D Li Lok-him
	Overall Champion	4C Yeung Alma 4D Lam Ho-yeung	4C Chen Zhuofeng	4D Yip Tsz-yu
“2023 First Lego League Asia Open Championship” organised by First Lego League Greater China Committee	Robot Design Award	4C Yeung Alma 4D Lam Ho-yeung	4C Chen Zhuofeng	4D Yip Tsz-yu
“Central Asia First Championship Kazakhstan” organised by Ustem Foundation Kazakhstan	Engineering Excellence Award	3A Hui Ka-laam 3B Ho Pa-yin 3D Li Lok-him	3A Chung Cheuk-kit 3B Wong Yat-ching	3A Ho Chuen-him 3D Lam Chung-yan
“Timed Resource Collection Competition” organised by The Hong Kong Institution of Engineers	Second Runner-up	4D Ma Ying-yuen 5C Lau Zi-juan, Cecil		
“1v1 Knockout Resource Collection Competition” organised by The Hong Kong Institution of Engineers	2 nd Class Award			
“LED Creative Design” organised by Hong Kong Institute Of Construction	Merit Award	4D Ma Ying-yuen 5D Hui Ho-hei	4D Lam Ho-yeung	5C Lau Zi-juan, Cecil
“Caltex Robot Engineer Labs – Hong Kong Primary and Secondary Schools Robotics Competition 2023” organised by The Boys’ and Girls’ Clubs Association of Hong Kong and CALTEX	Elite Champion	5C Lau Zi-juan, Cecil 4D Huang Jia-cheng	5C Cheng Yung-hoi	4D Ma Ying-yuen
	Group Champion	5C Lau Zi-juan, Cecil 3C He Lam-tsang	5C Cheng Yung-hoi	4D Huang Jia-cheng
	First Runner-up	4D Ma Ying-yuen 2C Ma Lok-man	3A Chan Wai-wa	2D Ye Hiu-wai
“Caltex Robot Engineer Labs Competition” organised by The Boys’ and Girls’ Clubs Association of Hong Kong and CALTEX	Second Runner-up	4D Ma Ying-yuen		
“Caltex Robot Engineer Labs – Hong Kong Primary and Secondary Schools Robotics Competition 2023 (Secondary School Group)” organised by The Boys’ & Girls’ Club Association of Hong Kong and CALTEX Hong Kong	First Runner-up	2C Ma Lok-man		
	Second Runner-up	5C Lau Zi-juan, Cecil		
“The Greater Bay Area Youth AI and Network Security Competition” organised by Hong Kong Police Force	Merit Award	4D Ma Ying-yuen	5C Lau Zi-juan, Cecil	
“New Millennium Robotics Challenge Cup 2024 (Secondary School Group)” organised by The Hong Kong Association for Computer Education	ECO STAR Award	3D Tang Hei-lam	3C Lau Oi-ying	3C Chong Ho-ching
“Life Wide Learning Programme” organised by the Yuen Long District Council	Best Content Award	4A Chan Pak-yu 4B Rana Faiza Zainab	4A Jin Kong-kit 4D Wong Tsz-Tsun	4A Han Zi-wen
“The 60 th Schools Dance Festival Jazz & Street Dance Solo” organised by Hong Kong Schools Dance Association	Commended Award	4C Tsang Tsz-lam		



Best Wishes from Teachers



Mr Wong Lik-hak 王力克校長

Non scholae sed vitae discimus.

We learn not for school, but for life.

Ms Wong Man-han 王敏嫻副校長

O taste and see that the Lord is good: blessed is the man that trusteth in him. (Psalm 34:8)

你們要尝尝主恩的滋味，便知道他是美善；投靠他的人有福了！！（詩篇34:8）



Ms Kan Yuk-ping 簡玉冰副校長

Have faith in your capabilities and strive for excellence!

Ms Cheng Man-ching 鄭晚晴副校長

Nobody is perfect. We all make mistakes. We say wrong things, we do wrong things, we fall, we get up, we learn, we grow, we move on, we live and we thank GOD for always giving us another chance. Kindness and love always prevail!





Ms Chan Kit-mui 陳潔梅老師

It's an honour to be your teacher and a pleasure to grow and learn with you.

Mr Lam Wai-man 林偉文老師

Keep believing in yourself, and you'll achieve great things. Stay encouraged, stay motivated, and take care of yourself.



Mr Li Chi-shing 李志誠老師

Train smart instead of training hard. Spend more time thinking than doing.

Mr Chan Yau-sing 陳有成老師

為學之道：初則見山是山，見水是水；繼而見山不祇是山，見水不祇是水；最後見山祇是山，見水祇是水。與同學共勉之。



Mr Je Kwong 謝光老師

走得最慢的人，只要他不喪失目標，也比漫無目的地徘徊的人走得快。

Mr Tse Chi-man 謝志文老師

「師者，所以傳道、授業、解惑也。」韓愈《師說》



Ms Chan Yuk-wah 陳玉華老師

心中常存感激，心路才能越走越寬。

Ms Chui Fung-ming 徐鳳明老師

我不會用成功或不成功來形容人生道路。只要你有信念，人便會變得堅強起來。即使有幾多障礙，終有一日定能踏過。



Ms Wong Suk-yin 王淑賢老師

Every stage of life has its beauty that is worth appreciating.

Ms Kwok Pui-pui Alison 郭佩佩老師

May your hearts be filled with curiosity and your minds be filled with wisdom. Embrace challenges and celebrate accomplishments throughout your life.



Mr Lau Wing-kwan 劉永坤老師

小子們哪，我們相愛，不要只在言語和舌頭上，總要在行為和誠實上。(約翰一書 3:18)

Mr Chan Kwok-kwan 陳國君老師

數理思維求精進，百折不撓出心力；追逐夢想不放棄，勤耕不輟必收獲。



Ms Leung Pui-ling 梁佩玲老師

MAGIC is believing in yourself. If you can do that, you can make anything happen.

Mr Cheung Man-bun 張汶彬老師

運動不僅鍛煉身體，更塑造品格。在汗水和付出中，不僅鍛煉堅韌的意志，更磨煉永不放棄的精神。





Ms Chan Wing-yin 陳穎賢老師

悲觀的人在每個機會裏都只看到困難，樂觀的人卻能在每個困難裏看見機會；願同學擁抱機會，邁向成功！

Ms Wong Man-lai 王敏麗老師

求你使我清晨得聽你慈愛之言，因我倚靠你；求你使我知道當行的路，因我的心仰望你。（詩篇143:8）



Ms Cheung Hoi-ning 張凱寧老師

The world is full of good people. If you can't find one, be one.

Mr Tsao Man-fai 曹文暈老師

感到恐懼並不是壞事，是這份恐懼支撐我走到今天。

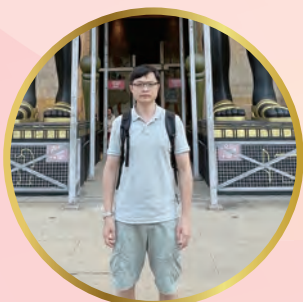


Ms Mak Tsui-han 麥翠嫻老師

Embrace the journey ahead with openness and courage. Don't be afraid of challenges and uncertainty, and trust that the ups and downs of life bring valuable lessons. Sometimes you have to let go of expectations, and bloom where you're planted.

Ms Lau Nga-man 劉雅雯老師

希望白約翰的同學都正直善良、明辨是非，將來投身社會，不論在甚麼崗位，都能保持赤誠，榮神益人。



Mr Yip Kin-man 葉健文老師

Dedication makes dreams come true.

Ms Chan Oi-yan Irene 陳藹欣老師

It always seems impossible until it's done. Always believe in yourself.



Ms Lam On-nei 林安妮老師

Always be hopeful and grateful. 常存盼望，心存感恩。

Ms Mak Shuk-man 麥淑雯老師

願大家不斷突破自我，跨越難關，努力追尋夢想。



Ms Lam Wai-ling 林偉玲老師

人生非坦途，有高山也有低谷；回望走過的足跡，你會發現每段經歷也是學習與成長的過程。

Mr Suen Chun-long 孫雋朗老師

保持身心靈健康，常存謙卑感恩心態，以同理心看待人與事，珍惜同行友伴，堅持自己目標前行，願主保守您心。



Ms Lui Yu-fong Esther 呂渝方老師

May this anniversary remind you of your incredible capacity to learn, adapt, and succeed. Embrace challenges, celebrate achievements, and continue to nurture a love for learning that will accompany you throughout your lives.

Ms Hung Chun-man 洪俊敏老師

持之以恆必成功。





Mr Chan Tsz-man 陳子文老師

“Remember to look up at the stars and not down at your feet. Try to make sense of what you see and wonder about what makes the universe exist. Be curious. And however difficult life may seem, there is always something you can do and succeed at. It matters that you don't just give up.” - Stephen Hawking

Ms Li Silin 李斯琳老師

May you have the courage to chase your dreams and the determination to turn them into reality — best wishes for a bright and fulfilling future.



Mr Wong Kwok-tai 黃國大老師

不論做過還是錯過，都要用喜歡的自己努力去過，直到有天回頭看，那一定是自己最不後悔的樣子。

Dr Chan Kwok-keung 陳國強老師

Just do your best and God will do the rest.



Mr Chan Hin-chiu 陳憲潮老師

When you work hard on something and the outcome doesn't meet your expectations, you might call it a "failure", but I prefer the term "learning experience".

Mr Koo Yiu 顧耀老師

A smooth sea never made a skilled sailor. Be bold, be courageous and be your best, GOD will guide you all the way.



Mr Chu Ki-cheong 朱其昌老師

"There is nothing permanent except change."
- Heraclitus

Mr Wong Shing-fung 黃丞鋒老師

Believe in your abilities, embrace challenges with resilience, and cultivate a growth mindset. Each day is an opportunity to learn, grow, and make a positive impact. Keep shining bright, and let your potential unfold!



Mr Cheung Chi-wai 張志威老師

任何人都可以放棄，這是世界上最容易做到的事。但是，當所有人都認為你會崩潰時，你卻堅強振作起來，這才是真正的力量。

Ms Wong Kin-kwan 黃鍵君老師

Efforts are better than promises.



Ms Lam Mei-po 林美寶老師

May you fly high in life and success be with you always.

Mr Sha Wai-pak 沙偉栢老師

Never give up! Great things take time!



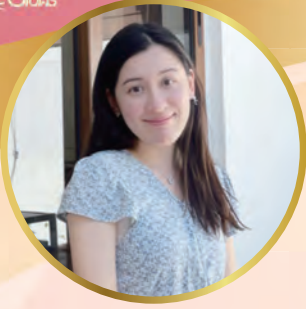
Mr Lam Hoi-wing 林海榮老師

每一個人都有學習的能力和潛力。相信自己，只要持之以恆，一分耕耘，一分收穫，必有所成。

Mr Kiang Chi-hong 姜智康老師

Embrace challenges as opportunities for growth. Keep pushing yourself to new heights. No matter how tough it gets, know that we are always here to support you.





Ms Fong Pik-yuk 方璧鈺老師

同學們，不論在任何階段，你們都會面對林林總總的困難和挫折，但請相信自己，老師會為你們打氣，一直陪伴你們。

Mr Yao Hing-man 姚慶萬老師

保藏好你們在白約翰的每個片段，無論學習，或者玩樂，將之拼貼成你獨有的花樣年華。



Ms Mak Sin-yee 麥倩儀老師

Good luck with all the challenges ahead. Stay strong and resilient!
The only person who can create your future is yourself.

Ms Chan Yung-cheung 陳容彰老師

I can't change the direction of the wind, but I can adjust my sails to always reach my destination.



Ms Lam Ka-yan 林嘉欣老師

The future belongs to those who believe in the beauty of their dreams. Don't let what you cannot do interfere with what you can do. Believe you can and you're halfway there.

Ms Hussain Nibla Shabir

In the journey of life, it's crucial to remember the profound impact we can have on others through our words and actions. Always be kind, compassionate, and supportive towards others. You have the power to make a positive difference in the world.



Ms Chan Ka-ying Anna 陳嘉盈老師

如果你有好奇心，你會找到很多開心有趣的事做。

Ms Ng Oi-yan 吳靄茵老師

願各位同學都能夠在白約翰認識主耶穌，藉此找到人生的意義和價值，讓你自信地去面對將來的人生路。



Ms Chan Shuk-man 陳淑文老師

「千里之行，始於足下」求學不求日行千里，但求踏出一步，離目標便近了一步。各位加油！

Ms Cheung Ka-man 張家敏老師

科學是一扇通向無窮知識的大門。保持好奇心，探索科學的奧秘，你將會發現這個世界的美妙和神奇！



Mr Chan Lok-hin 陳諾軒老師

自己打敗自己是最可悲的失敗，自己戰勝自己是最可貴的勝利。成功就是在平凡中做出不平凡的堅持！

Ms Lam Shuk-ying 林淑瑩老師

Commit to the Lord whatever you do, and he will establish your plans. (Proverbs 16:3)



Ms Chau Pui-fan 周佩芬老師

與其孤軍作戰，不如結伴同行。能一起成長是祝福，要好好珍惜仍陪在身邊的老師同學們！

Mr Toa Wai-fook 陶偉福老師

成功不是最終的，失敗也不是致命的，最重要的是繼續下去的勇氣，只有不會放棄，不斷嘗試，優化策略、從錯誤中改進，終會達到目標。



Ms Yu Siu-ping 余小冰老師

真理如同明燈，照亮成長的道路。願同學們能在探索中發現自我，在學習中綻放光彩。

Ms Kong Lai-han 江麗嫻老師

Be courageous and determined in pursuing your dreams. Seize every opportunity to improve yourselves, and keep going when the going gets tough. Every small step counts toward your goals. Be persistent!



Mr Lo Chiu-wing 盧昭榮老師

Whoever walks in integrity walks securely, but whoever takes crooked paths will be found out. (Proverbs 10:9)

Ms Chung Yuen-wah 鍾沅樺老師

Always believe in your potential and never stop striving for excellence. Embrace challenges as opportunities for growth, and remember that your hard work and perseverance will lead you to success. Keep shining brightly!



Ms Lam Sin 林倩老師

New Bird, New Birth! 感恩上帝的帶領！引領我回到母校這棵大樹下，帶領雛鳥們共同成長，得到新生命，綻放陽光的笑容！



Alumni's News



畢業年份：2004年

藍嘉穎 (2004)

還記得中四放暑假那年，我偶然接觸到舞蹈，當時根本沒想過自己的人生會與藝術結緣。

在香港演藝學院修讀舞蹈藝術學士學位（主修當代舞及編舞）並順利畢業後，很幸運地，我熱衷的東西成為了自己的專業和工作，無論是創作、表演還是教學，我的工作始終圍繞著舞蹈。藝術啟發了我以不同的角度觀察世界。

除了現場表演外，近年來我也在探索舞蹈影像的可能性，試圖通過另一種媒介來表達和發揮創意。2023年，我獲得香港賽馬會音樂及舞蹈信託基金的獎學金，前往英國倫敦當代舞蹈學院攻讀藝術碩士學位，主修舞蹈影像，希望通過持續的藝術創作來激發他人的想像力。

原海晴 (2000)

西洋書法家，室內設計師

『積極嘗試，相信自己喜愛的』

原海晴是一位西洋書法家，在2019年創立西洋書法品牌「Be One Letter」，憑著其秀麗優雅的字體，為商品注入生命。「我希望以西洋書法設計產品，融入生活，藉此感染每一個人。」

除了致力拓展集團業務外，同時不忘熱心公益。她不單為扶輪社作演講嘉賓，更身體力行參與學校演講及教學，期望向大眾傳揚關愛精神，回饋社會。

原校友在2021年獲社會企業研究院頒授「院士榮譽名銜」，2023年更榮獲美國企業雜誌《ENTREPRENEURS HERALD》選為「TOP 30 WOMEN LEADERS IN 2023」，以及獲著名德國出版商Slanted Publishers出版的書籍《YEARBOOK OF LETTERING》選為全球優秀西洋書法家之香港代表。



畢業年份：2000年



Graduation year: 2012

Tang Sin-yi (2012)

My name is Sammi, a graduate of BBSS in the year of 2012. Currently, I am a registered dentist working in the private sector.

Life as a dentist is a unique and fulfilling experience that requires a combination of professional knowledge, skills and empathy. The hard skill is straightforward. What makes the job interesting and satisfying is how you get to know your clients, build trust and create a comfortable environment that aids them in overcoming the fear of seeing a medical practitioner. This can be rewarding.

Apart from my career, dentistry has also given me the flexibility and resources to explore and venture into different areas of interest. For example, I enjoy planning a few trips every year, ranging from relaxation to adventures, to visit places that I have always longed to go to and to see how people live in different parts of the world.

Recently, I have just crossed out Scuba Diving in the Red Sea and Skydiving in Gold Coast from my bucket list. And there is still a lot to do!

陳恩言 (2022)

現就讀香港大學內外全科醫學士二年級

下筆之際，正值DSE開考，我也迎來醫科第二次大考。進了醫學院，深深感受到記憶力的有限，但最有限的卻是醫治的能力。早前job shadow了一位法醫，切實體會到生命的脆弱。聽着離世者家屬在病房門外的哭泣聲，我不禁質疑醫生在痛苦、死亡面前究竟有何用武之地？也許，醫學路上最重要學的是接受自己的有限和培養對生命的溫度，在知識及藥物無可用處之際，安慰便是我們唯一能處方的治療了。

回想由中學跳到大學，要適應、突破的地方很多，也曾想過：我有沒有來錯了地方？但感恩沿途的人與事讓我清楚知道我留在這裡的原因。DSE的確是人生其中一個轉捩點，但無論結果如何，願你相信一切也會是最好的安排！

最後，祝願白約翰未來的日子繼續在主手中明道日新，也祝各位一切平安！



畢業年份：2022年



Shining Stars



Graduation year: 2012



Tsim Hui-laam

Biomaterial Designer & Artist

Following my graduation from BBSS, I have immersed myself in exploring the biological realm through the lens of art and design, working between Hong Kong and London. My works have been showcased in venues across London, Berlin, Sydney, Budapest, Helsinki, and beyond. I relish integrating mixed media installations and biological materials to envision future ecologies where technology and nature intertwine. I am fervent about collaborating with diverse creators, scientists, and communities to craft engaging and participatory art pieces. I firmly believe that interdisciplinary collaboration can expand the frontiers of knowledge and nurture a symbiotic and inclusive environment.

Next year, as a PhD student, I will begin a new academic journey to investigate the integration of my favorite biological materials within the architectural domain.

Recent Award

DFA Hong Kong Young Design Talent Award 2023 — Create Smart Young Design Talent Special Award

譚鎮國

新界青年聯會主席、新界社團聯會理事長、 北區區議員

我是譚鎮國，非常感念母校的關愛和教誨，我一直努力把大家對我的厚愛回饋社會。作為全國青聯委員、香港大學校董，我一直關注和支持教育工作和青年發展，參與香港政協青年聯會的創辦並擔任第三、四屆執委會主席，現任新界青年聯會主席，大力推動新界區傑出學生選舉等品牌活動的持續發展。自2011年加入東華三院擔任辛丑年董事局主席（2021至2022年度），我深入了解和參與醫療衛生、教育、社會、歷史文化保育及公共服務等領域的工作；現在，我更是投身地區服務，擔任新界社團聯會理事長、北區區議員，既作為三大基層社團之一的核心代表，與特區政府探討政策制定和實施，就新界區的民生發展和市民福祉建言獻策，同時進一步扎根社區，參與日常服務工作。

未來我一定不忘初心、繼續貢獻社會。祝願母校宏圖大展！



畢業年份：2005年



Graduation year: 2007

Cheung Chung-yan, Jessica

Certified Public Accountant

I have fond memories of my time at BBSS. I remembered having a cooking competition with teachers and classmates, preparing for the farewell assembly with my class, and spending enjoyable time reading in the school library. Yet, as I reflected more deeply, I realised that BBSS has provided me with so much more than joyful memories.

Although I was not the sportiest type of student, one of my core memories in BBSS was being part of the school's cross-country running team, which required training sessions 2 days a week in the morning before classes started. The memory of running outside the campus and taking a cold shower afterwards is still vivid. Through regular training, I learned the values of persistence, discipline, and perseverance, which have helped me overcome a lot of challenges, ranging from obtaining my professional qualification as a certified public accountant to adapting to different working environments.

I have met many dedicated and supportive teachers at BBSS. They gave us additional tutoring during lunchtime and after class to prepare us for public exams. I particularly appreciate that they always welcomed our questions and explained patiently. Indeed, the additional tutoring was exhausting for both teachers and students. Yet, the teachers' hard work has taught me not only the exam syllabus but also the importance of putting in extra effort and dedication in achieving one's goals.

I am also grateful for the friends that I have met in BBSS. We still meet regularly to share our ups and downs and celebrate birthdays together years after graduation.

It is a blessing for me to have been a part of BBSS. As BBSS is celebrating its 40th anniversary, I wish that BBSS will continue to bless and nurture many more generations of students.



Graduation year: 2003

Ng Sheung-wing

APAC Chief Investment Officer at DWS Group

Dear students,

As an alumna, I want to take a moment to share my own experiences and offer some words of encouragement and inspiration.

Having graduated from BBSS, I pursued my passion for psychology at university. However, my career path took an unexpected turn when I entered the field of journalism. Through my work as a journalist, I had the privilege of interviewing numerous remarkable individuals who left a profound impact on my life. One encounter, in particular, sparked a transformative change within me.

Inspired by this encounter, I decided to further my education at Columbia University, where I pursued a master's degree in business

journalism. Armed with newfound knowledge and skills, I embarked on a career in the financial industry. Starting as an analyst, I dedicated myself to continuous growth and learning. Over the years, I progressed from an analyst role to a portfolio manager and eventually assumed the position of Chief Investment Officer in the APAC region.

Throughout this journey, there were moments when self-doubt crept in, and I questioned my capabilities. It was during these times that I would remember the wise words of a late teacher whom I respected deeply. He once taught me that even if I perceived myself as less intelligent than others, I could compensate by investing more time and effort into my endeavors. This mindset empowered me to persevere, knowing that dedication and persistence can lead to remarkable achievements.

That teacher never gave me a 50 mark out of 100. In his mind, we always had room to be better. He not only pushed us to excel but also exemplified a growth mindset by continually enriching his knowledge. I remember how his notes had more words than the textbooks, a testament to his dedication to lifelong learning. From him, I learned the importance of attitude, lifelong learning, and having a growth mindset.

You are all in a critical phase of your educational journey. Cherish the knowledge and guidance provided by your teachers, as they are instrumental in shaping your future. Take advantage of the opportunities presented to you and explore your interests passionately. Remember that setbacks and doubts are natural parts of the journey, but with dedication and the right mindset, you can overcome them and achieve greatness.

Remember that success is not solely determined by inherent intelligence but also by the effort and time we invest in our pursuits. Embrace challenges, learn from setbacks, and never underestimate the power of hard work and perseverance. See every challenge as an opportunity for growth and approach your studies with enthusiasm and a determination to learn.

In closing, I extend my warmest wishes to the principal, teachers and all students. Embrace the valuable lessons learned within these walls, nurture your passions, and pursue your dreams with unwavering determination. Remember that your journey is unique, and with the right mix of perseverance and hard work, you have the power to shape your destiny.

Wishing you all the success and fulfillment your hearts desire.

Cheers,

Ivy Ng



Graduation year: 2012

Chan Cheuk-him

Legal Consultant at the Organisation for the Prohibition of Chemical Weapons (OPCW)

Dear BBSS pupils,

Greetings from the Netherlands. As a proud BBSS alumnus, I am excited to reconnect with you all and offer a glimpse into my journey, hoping it will inspire and guide you along your path forward.

My time at BBSS laid the foundation for my educational pursuits. After Form 5, I moved to England for boarding school and later pursued a degree in law at a university in London. Following graduation, I undertook several internships at the United Nations (UN) and its related organisations such as the International Criminal Court. These experiences catalysed my interest in the intersection of law and diplomacy, motivating me to pursue a postgraduate degree in the United States, where I specialised in international law.

Presently, I serve as a legal consultant at the Organisation for the Prohibition of Chemical Weapons (OPCW), an autonomous entity within the UN common system with 193 countries as member states. The OPCW is a treaty-established organisation entrusted with implementing the Chemical Weapons Convention (Convention), a multilateral disarmament treaty aimed at eliminating the proliferation of chemical weapons.

As a legal consultant, I am responsible for providing legal advice and interpretation on the Convention, the decisions adopted by our policymaking organs, and internal rules and regulations. Through our work, we ensure that the activities of the Organisation are consistent with the relevant international legal frameworks.

I have always had a keen interest in global affairs, but the idea of working for the UN never seemed attainable to me, especially since I focused mostly on science-based subjects in high school. Additionally, I was not a top student at BBSS by any standard. At one point, I struggled academically to the extent that I found myself among the students with some of the lowest grades in the entire year. At the time, it felt like I was climbing a steep mountain in foggy conditions, unsure of when or if the path would ever smooth out. I vividly recall my class teacher once saying to me: “It won’t be easy, but you should at least try”.

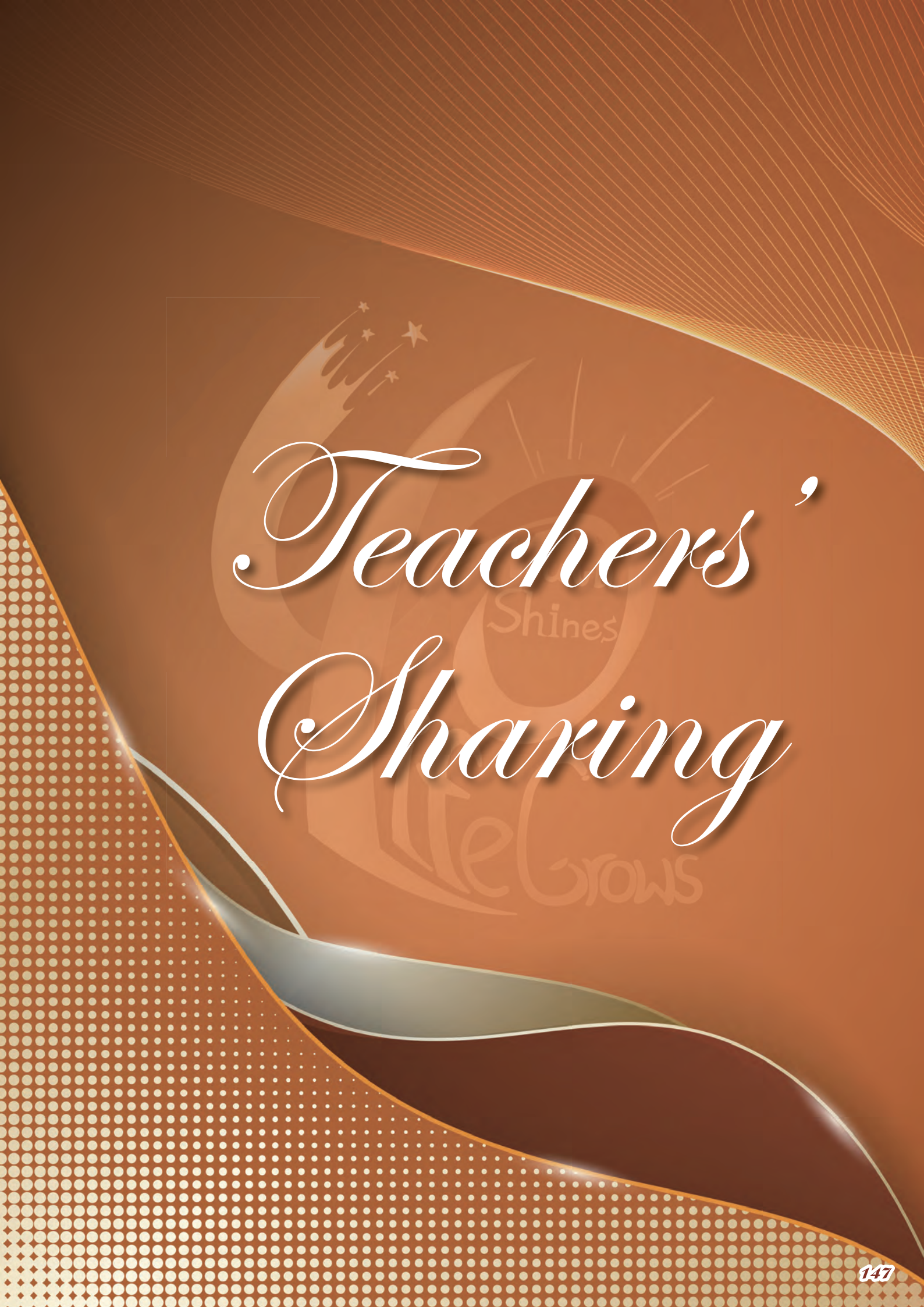
In retrospect, I am profoundly grateful for the lifelong wisdom imparted by my former teachers and mentors at BBSS. They taught me that I didn’t need to be an absolute genius to give my absolute best effort. And even if the path ahead does not smooth out, each step makes you a better traveller.

In sharing my story, I hope to illustrate to you that life is a journey of continuous growth and self-improvement. Cherish your education journey at BBSS and forge lasting friendships. Absorb as much knowledge as possible from your teachers and seize every opportunity to learn. Stay inquisitive beyond the confines of textbooks. Understand that uncertainties are in-built in your journey, but with the right mindset and determination, I am confident you will overcome any challenges, emerging stronger each time. Remember, you hold the power to define success on your own terms and to shape your course of action accordingly.

Finally, I would like to take this opportunity to extend my warmest regards to the principal and teachers at BBSS and express my gratitude to those who exuded immeasurable encouragement, tolerance and understanding when I needed it most. To all students, embrace the invaluable lessons learned within these walls, and discover and nurture your passions. Your potential is limitless. With perseverance and grit, I trust that you will discover what is uniquely important to you in your journey.

Kindest,

Caleb Chan



Teachers', Sharing

黃美意副校長



感謝天父的保守，能夠在聖公會白約翰會督中學服務至榮休，人生階段中重要的事情和經歷，大多在這段時間發生，感恩高山低谷都走過了，最後發現唯有上主所賜的平安，是何等的寶貴，何等的受用。

成為學生輔導委員會主席，是我進入人生學習的一個重要里程碑，學校裏每位學生都是獨特和可以造就的，他們需要家長的支持、鼓勵，及老師的引導、栽培，方能將個人潛能發揮。當時我和老師們一起為不同能力的學生設計支援計劃，努力扶助同學健康成長，陪伴他們尋索自己的道路，讓他們建立自信，不怕前路困難。在此特別感謝老師們付出的愛心和耐性，自己實在十分懷念那時候與大家一起奮鬥的日子。

雖說世事不能預測，但若能把握時間努力學習、規劃未來、作良好的身心準備，相信任憑風雨到來，也可以勇敢地跨過困難，得著更大的信心和力量。

學習不設限期，我亦會繼續努力。

願主祝福大家！

黃美意
2025年春

陳潔梅老師



夢幻團隊

在白約翰多年，當然有很多難忘的點滴，這是其中一件，事情是這樣的……

楊美珊老師即將榮休了，彼此共事多年，合作無間，心中不捨，同事當中有人提議籌備聚會歡送，大抵因為楊老師為人正直，教學充滿熱誠。沒想到一呼百應，原本只是三數人偶然的構想，參與人數一下子增至三十多人。

無需刻意分工，就有人自發挑選餐廳訂菜、有人主動買賀卡，邀請同事簽名寫祝福、有人揀選禮品、有人安排佈置、還有人準備節目助興，一切沒有經特別調配，工作由不同人樂意分擔。整個聚會，每項看似簡單，卻環環相扣，缺一皆不美，你說有趣不有趣？

工作人員各盡其份，參加同事也非常配合，沒有人挑剔食物等安排，對籌備者就是信任和支持，一直「讚好」。餐廳地方淺窄，座位明顯不舒適，也無人抱怨，大家心裏只有一個簡單的念頭：我們要好好聚首一堂。這不是一家人的感覺，還會是甚麼？推動着這個不是金錢買得到的團隊，到底是甚麼？

遇上這個夢幻團隊，就是我留在白約翰多年的原因之一，一眾同儕，各有專長，各施其職，卻又互相配合。圖書館本來只有我一位負責老師，「全方位閱讀計劃」卻獲得全體學科老師支持，每次閱讀活動或分享，從不愁沒有其他老師作夥伴。在英文科也一樣，忽發奇想的念頭，總有其他老師陪我天馬行空，把構想變成可行的課堂遊戲，讓同學從愉快中學習。

白約翰就是一個凝聚愛心關懷和力量的地方，即使離開了這個夢幻團隊，窩心感覺依然蕩漾。學校40周年，祝願各人身心健康，生活美滿，相信大家總會再聚。

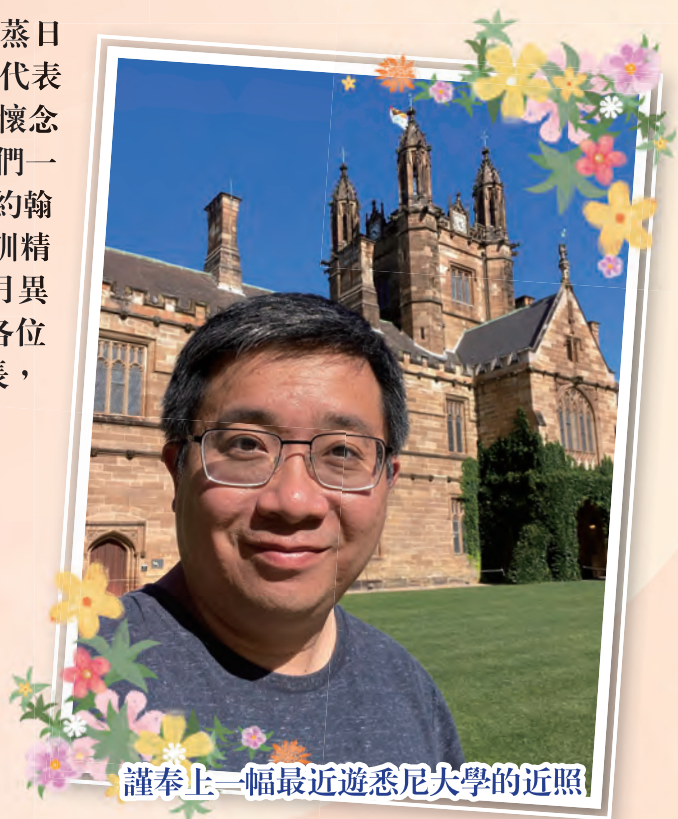
鍾廷楷老師

白約翰四十周年校慶之際，承蒙學校邀請在校刊上寫下感言，內心感激不已。轉眼間離開學校已三載，如今我已舉家遷居澳洲悉尼，展開人生新篇章。首先想向久違的同工和同學們致以親切的問候，回想在白約翰共度的歡樂時光，至今仍歷歷在目。十八年的教學生涯匆匆而過，當年與我一同步入校園的中一小伙子，如今有些已為人父母，他們的孩子也到了選擇中學的年紀。時光飛逝，歲月悄然流走，願大家都能珍惜當下，勇敢追尋夢想。

在白約翰的種種回憶中，最令我難以忘懷的是與學生之間那份珍貴的情誼。相信白約翰的畢業生們都以這份獨特的師生情而自豪。即使畢業多年，學生依然經常回校探望老師，這種情誼正是白約翰最寶貴的傳統。雖然我已離開教學崗位，但借助現代通訊科技，仍能與眾多學生保持聯繫。更令人欣慰的是，不少舊生來悉尼旅遊時都特地前來探望。身處異鄉，能感受到同學與同工們的關愛，實在倍感溫暖。在此也誠摯邀請各位，若有機會來澳洲旅遊，請務必聯絡我，讓我盡地主之誼。

昔日在升學就業組時，常與學生分享生涯規劃的心得。沒想到今天的我，也踏上了重新出發的征程。在異國開展新生活，重建事業，過往分享的生涯規劃理念，此刻都在自己的人生中一一實踐。在這個人生階段，我依然在不斷學習新技能——從烹飪到園藝，從電工到法律相關專業資格考試，印證了「終身學習」不只是口號，生涯規劃更非紙上談兵。

近來從同工口中得知學校發展蒸蒸日上，同學們在各項比賽中屢創佳績，更代表香港出征海外賽事，令人欣喜。我時常懷念曾經參與的STEM與文創活動，與同學們一同探索多元化的學習體驗。衷心祝願白約翰的莘莘學子能秉承「明道日新」的校訓精神，積極投入校園生活。在這科技日新月異的時代，學習不應局限於課堂之內，願各位同學都能找到自己的興趣所在，發揮所長，創造精彩人生。



謹奉上一幅最近遊悉尼大學的近照

王淑賢老師



大學畢業後，第一份工作就是在聖公會白約翰會督中學任教，沒想過，一眨眼，就是三十個年頭。感恩有機會在此回顧這些年的點滴，以下分享的，都是在工作上對我有很大影響的人、事、物。

第一天走進課室上課的情景還歷歷在目。4A班，中文課，整個課室鴉雀無聲，我懷着滿腔熱誠，釋出了最大的善意，結果到了第三天，學生各自露出了本來的面目。每天在教學之餘，還要與他們鬥智鬥力，在溫室成長的我，首次窺見學生在成長、家庭、學習路上原來會面對如此的困境，束手無策。我只有邊學邊做，這兩年，雖然辛苦，也有氣餒沮喪的時候，但卻令自己賺得寶貴的經驗，明白教育是對人的工作，以生命影響生命，更親身感受到愛與陪伴的力量。到了今天，看到這一群學生健康成長，有各自精彩的人生，倍感安慰。

十多年的訓導工作，讓我得到很好的磨練。走在前線，接觸各式各樣的學生個案，要面對的不只是學生，還有家長，滿有挑戰。訓導老師的工作吃力不討好，可我卻做出個興趣來。與其他訓導老師、輔導老師、社工等協作處理個案，讓我感受到團隊合作的力量，明白到教育工作不可單打獨鬥。聽見當年曾經嚴懲的學生，今天回來告訴你，感恩當年老師的教導，令他的人生有所改變，一切的辛酸也消失淨盡了，也是這一股信念，讓我在這個崗位上堅持到今天。

還有幾位同事對我有莫大的啓發，想藉此感謝她們。

第一位是當時的中文科主任張秀琴老師。還記得二十八歲那年，母親離世，打擊很大，適逢是擬卷工作的繁忙日子，某天，張老師拿着一份本該是我負責擬題的試卷，告訴我她已代我擬好了甲部的題目。我實在難以想像，張老師是如何在令人幾近窒息的工作中擠出時間來幫我。我拿着試卷，熱淚盈眶，說不出半句話來，一股暖流走遍全身。這番感受，我從來沒有親口告訴過她，亦相信她早已忘記對她來說是何等瑣碎的事，但於我而言，多年來仍是銘記於心，也想藉此表達對她的感謝。雪中送炭，對人細心關懷，這令我在日後待人處事上也秉持着這種精神。

第二位是輔導主任劉月娟老師。劉老師在我入職的第二年與我合作做班主任，是她，讓我看見老師可以如此溫柔，在她身上，我學習到如何去愛學生。

最後一位是黃美意副校長，在跟隨黃副校長工作的日子，讓我看見如何在艱困的時刻秉持信念、勇於承擔及一絲不苟的工作態度，這對我日後的工作不無影響。

以上三位前輩已先後榮休，走在人生下一段更精彩的路，感謝她們的教導，也祝願她們生活愉快。

有幸見證學校創校四十年，並參與籌辦不同的校慶活動，在白約翰這個大家庭中，期望繼續與學生、學校一同成長。

From the Editors

We would like to sincerely thank all our colleagues, particularly the advisors and the editorial board, for their invaluable contributions in reviewing and editing the submitted manuscripts. As we welcome the new school year, we extend our best wishes to our students, teachers, parents, alumni, and friends for a year filled with happiness and prosperity. We look forward to a promising future together. May we be granted the wisdom to reach our goals and to foster love and kindness within our community.

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